




Modelling direct and herd protection effects of vaccination against the SARS-CoV-2 Delta variant in Australia

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The known: The Delta variant of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is more transmissible than the original Wuhan strain, making achievement of herd protection difficult.

The new: Prioritising the vaccination of older, more vulnerable people leads to fewer deaths than first vaccinating young, more socially active people; this is the optimal strategy when population vaccination coverage is below 70%. Herd protection will not be achieved with the current Australian vaccination strategy, but it will prevent a substantial number of deaths.

The implications: Herd protection is unlikely unless vaccination is extended to younger age groups or combined with other mitigation measures. Delivering the Pfizer vaccine to people aged 12–40 years should be a priority.

On 2 July 2021, the National Cabinet announced a four-step plan for transitioning from a strategy of suppressing community transmission of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in Australia to one of preventing serious illness, allowing a return to normal social and economic activity.¹ Before moving to a more liberal setting (increased number of arrivals from overseas, reduced use of lockdowns, simplified quarantine procedures for vaccinated people¹), the plan requires that 70% of Australians aged 16 years or more be fully vaccinated to minimise the numbers of coronavirus disease 2019 (COVID-19)-related hospitalisations and deaths through both direct and herd protection. However, the herd protection threshold is higher for the Delta variant of SARS-CoV-2 than for earlier variants,² and current vaccines are slightly less effective at preventing symptomatic infection by the Delta variant.^{3–5}

We have previously investigated herd protection thresholds and optimal vaccination strategies for the original Wuhan strain of SARS-CoV-2.⁶ In this article, we update this analysis for the Delta variant in Australia.

The Delta variant is about twice as infectious as the original Wuhan strain of SARS-CoV-2.⁷ However, given the widespread implementation of mitigation measures, its pre-vaccination effective reproduction rate (expected number of new infections caused by one typical infected person, in the absence of a vaccination program) — $R_{\text{eff}(\bar{v})}$ — is unclear. For our primary analysis, we assume a value of 5, which is at the lower end of estimated values in an analysis by the Population Interventions Unit at the University of Melbourne (5–6),⁸ the central value in the Grattan report (4–6),⁹ and higher than that used in the Doherty Institute model (3.6).¹⁰

The model outcomes are sensitive to the value of $R_{\text{eff}(\bar{v})}$, which is highly uncertain, as it is influenced by changing mitigation

Abstract

Objectives: To analyse the outcomes of COVID-19 vaccination by vaccine type, age group eligibility, vaccination strategy, and population coverage.

Design: Epidemiologic modelling to assess the final size of a COVID-19 epidemic in Australia, with vaccination program (Pfizer, AstraZeneca, mixed), vaccination strategy (vulnerable first, transmitters first, untargeted), age group eligibility threshold (5 or 15 years), population coverage, and pre-vaccination effective reproduction number ($R_{\text{eff}(\bar{v})}$) for the SARS-CoV-2 Delta variant as factors.

Main outcome measures: Numbers of SARS-CoV-2 infections; cumulative hospitalisations, deaths, and years of life lost.

Results: Assuming $R_{\text{eff}(\bar{v})} = 5$, the current mixed vaccination program (vaccinating people aged 60 or more with the AstraZeneca vaccine and people under 60 with the Pfizer vaccine) will not achieve herd protection unless population vaccination coverage reaches 85% by lowering the vaccination eligibility age to 5 years. At $R_{\text{eff}(\bar{v})} = 3$, the mixed program could achieve herd protection at 60–70% population coverage and without vaccinating 5–15-year-old children. At $R_{\text{eff}(\bar{v})} = 7$, herd protection is unlikely to be achieved with currently available vaccines, but they would still reduce the number of COVID-19-related deaths by 85%.

Conclusion: Vaccinating vulnerable people first is the optimal policy when population vaccination coverage is low, but vaccinating more socially active people becomes more important as the $R_{\text{eff}(\bar{v})}$ declines and vaccination coverage increases. Assuming the most plausible $R_{\text{eff}(\bar{v})}$ of 5, vaccinating more than 85% of the population, including children, would be needed to achieve herd protection. Even without herd protection, vaccines are highly effective in reducing the number of deaths.

strategies, including contact tracing, mask use, and mobility changes, as well as by viral evolution. We therefore considered outcomes for $R_{\text{eff}(\bar{v})}$ values ranging from 3 to 7. We also developed a flexible online tool that allows the user to explore the sensitivity of model outputs to variations in a range of input assumptions.

Age-specific vaccination strategies have characterised the COVID-19 response in Australia.¹¹ Published age-specific contact matrices indicate that young adults are more socially active than other age groups in Australia, with a marked decline in contacts beyond age 55,¹² whereas estimated COVID-19 fatality rates are highest for older people. We therefore assessed two vaccination strategies, assuming fixed, limited vaccine supplies: the first focuses on vaccinating the most vulnerable (people aged 55 years or more), the second prioritises vaccinating the most socially active (people under 55). We considered using the AstraZeneca vaccine (Vaxzevria) only, the Pfizer vaccine (Comirnaty) only, and the current mixed program recommended by the Australian

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Technical Advisory Group on Immunisation (ATAGI); that is, vaccinating people under 60 years of age with the Pfizer vaccine and older people with the AstraZeneca vaccine.¹¹

Methods

Vaccine program and eligibility

Given the availability of vaccines in Australia, we considered three COVID-19 vaccine program options:

- only the Pfizer vaccine is used;
- only the AstraZeneca vaccine is used;
- people under 60 years receive the Pfizer vaccine, older people receive the AstraZeneca vaccine (mixed program: the current ATAGI recommendation¹¹).

We consider two age thresholds for vaccination eligibility — 5 and 15 years — and three age-specific coverage strategies for the eligible population:

- the “vulnerable first” strategy: people aged 55 years or more (more vulnerable to severe disease) are vaccinated first, then people under 55 years of age;
- the “transmitters first” strategy: people under 55 years of age (the more socially active) are vaccinated first, then people aged 55 years or more;
- the “untargeted” strategy: undifferentiated vaccination of people in all eligible age groups.

Vaccination uptake

We considered different maximum levels of vaccination uptake that corresponded to its acceptance by eligible vaccination groups. Our main analysis assumed a maximum uptake of 90% by all eligible age groups.

Vaccine efficacy, mechanisms, and model assumptions

We defined V_a as the efficacy of the vaccine for reducing susceptibility to infection with SARS-CoV-2 (derived from the relative rates of asymptomatic and all PCR-positive infections in a vaccinated population), V_s as its efficacy for reducing the proportion of infected people who develop symptomatic disease (leading to both reduced severity of disease and reduced infectiousness of

the vaccinated infected person), V_m as its efficacy for preventing hospitalisation and death, and V_t as its efficacy for reducing the probability of disease transmission by an infected person. We derived the reduction in risk of symptomatic COVID-19 (overall vaccine efficacy, V_e), specific to the Delta strain of SARS-CoV-2, from published values for clinical trials; some values for V_s and V_m were derived from published data on earlier viral variants.¹³ The three parameters are related by the formula, $1 - V_e = (1 - V_a)(1 - V_s)$ (Box 1).

Mathematical methods

The full mathematical methodology is described in the online [Supporting Information](#) and has also been published elsewhere.⁶ Briefly, we combine inferred daily rates of age-specific contacts¹² with differences in susceptibility and infection by age¹⁴ to build a table of expected transmission events over each individual’s infectious lifetime (the next-generation matrix, \tilde{K}_{ij} ¹⁵). This table enables us to calculate the total number of infected individuals in each age and vaccination group over the course of an epidemic wave, using the final-size equation:¹⁶

$$1 - \tilde{z}_i = \exp \left[-\tilde{N}_i^{-1} \sum_j \tilde{K}_{ij} \tilde{N}_j \tilde{z}_j \right]$$

where \tilde{z}_i is the fraction of people in group i (which indexes both age and vaccination status) who are infected during the course of the epidemic, and \tilde{N}_i is the total number of people in this group.

Next, we combine age-specific estimates of the infection fatality rate^{17,18} and life expectancy with vaccine efficacy estimates (Box 1), enabling us to calculate the cumulative number of infections, hospitalisations, deaths, and years of life lost for each vaccination strategy.

Our default assumption for the effective reproduction number for the Delta strain before vaccination ($R_{eff(\bar{v})}$) was 5, but we explored values from 3 to 7. We define coverage as the number of complete vaccine courses (two doses) divided by the total Australian population (irrespective of minimum vaccination age or uptake proportion).

Results

Impact on number of infections and herd protection

For all $R_{eff(\bar{v})}$ values and vaccination programs, the number of infections is lowest with the “transmitters first” strategy; reducing the threshold age for vaccination from 15 to 5 years reduces the number of infections in the Pfizer only and mixed programs for $R_{eff(\bar{v})} = 5$ or 7, but not for $R_{eff(\bar{v})} = 3$ (Box 2, A).

When $R_{eff(\bar{v})} = 7$, no program or strategy achieves herd immunity (in this model: indicated by zero infections), regardless of age of eligibility. For $R_{eff(\bar{v})} = 5$, herd protection can be achieved with the Pfizer or mixed programs only if the minimum vaccination age is 5 years. If $R_{eff(\bar{v})} = 3$, herd protection is achieved at 60% vaccination coverage (regardless of age of eligibility) with the Pfizer only or mixed programs and the “transmitters first” strategy, or 70% coverage with the “vulnerable first” or “untargeted” strategies. Herd protection is not achieved with the AstraZeneca only program with any combination of $R_{eff(\bar{v})}$, strategy, and eligibility inputs (Box 2, A).

Impact on numbers of years of life lost, deaths, and hospitalisations

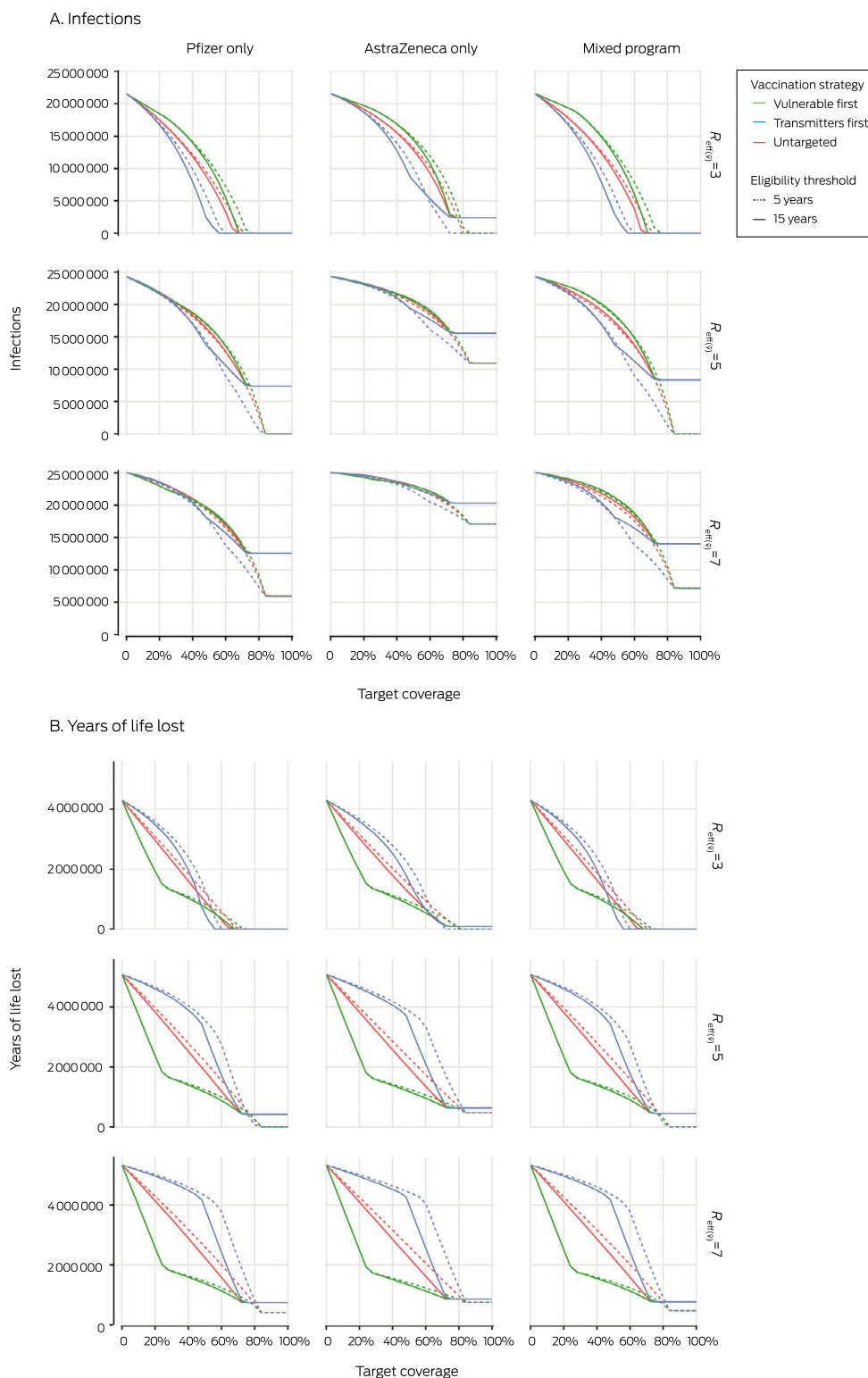
When $R_{eff(\bar{v})} = 5$ or 7, the number of years of life lost is generally low-est with the “vulnerable first” strategy; but at 75–82% vaccination

1 Model inputs for vaccine efficacy against the SARS-CoV-2 Delta variant, by effect

Efficacy	Vaccine	
	Pfizer	AstraZeneca
Susceptibility to infection (V_a)	0.76*	0.48 ^{†20}
Symptomatic COVID-19 in infected people (V_s)	0.5 ^{†19,21}	0.37 ^{†19,20}
Symptomatic COVID-19 (V_e)	0.88 ^{5,13}	0.67 ^{5,13,22}
Disease transmission by an infected person (V_t)	0.5 ²³	0.5 ²³
Hospitalisation and death (V_m)	0.5 ²⁴	0.8 ²⁴

COVID-19 = coronavirus disease 2019; SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2. * Estimated by solving the expression $1 - V_e = (1 - V_a)(1 - V_s)$, for V_a . † These values are chosen to achieve vaccine efficacy of 0.67 in symptomatic infection and 0.22 for asymptomatic infection reported in reference 20. ‡ This value is chosen to achieve vaccine efficacy of 0.9 for symptomatic infection and 0.8 for asymptomatic infection reported in reference 19 (based on non-Delta variants). ◆

2 The impact on the numbers of infections and years of life lost of the Pfizer only, AstraZeneca only, and mixed vaccine programs, by strategy, age eligibility threshold, target coverage, and $R_{eff(\bar{v})}$ value



coverage, the “transmitter first” strategy marginally outperforms the other two strategies with the Pfizer only or mixed programs if the minimum vaccination age is reduced to 5 years (Box 2, B). When $R_{eff(\bar{v})} = 3$, the “transmitter first” strategy is superior to the “vulnerable first” strategy for reducing the number of years of life lost with the Pfizer only and mixed programs at 50–70%

vaccination coverage; below 50% coverage, the “vulnerable first” strategy is superior (Box 2, B). The impacts on hospitalisations and deaths were similar (Supporting Information, figure 2). The impacts of the “transmitter first”, “vulnerable first”, and “untargeted” strategies on the numbers of years of life lost, deaths, and hospitalisations were the same when vaccination

coverage reached the level of maximum acceptance, reflecting identical distribution of vaccines (Box 2, B; Supporting Information, figure 2).

The impact on number of years of life lost at any level of vaccination coverage was generally reduced by lowering the eligibility age to 5 years, until vaccination coverage reached the uptake maximum for people aged 15 years or more (the coverage at which the solid lines plateau in Box 2, B). Beyond this point, vaccinating children aged 5–15 years further reduced the number of years of life lost (Box 2, B).

For all combinations of $R_{eff(\bar{v})}$, strategy, coverage, and age eligibility, the Pfizer only and mixed vaccination programs were each superior to the AstraZeneca only program. The differences were much more pronounced for infections (Box 2, A) than for years of life lost (Box 2, B) and hospitalisations or deaths (Supporting Information, figure 2).

We estimated the expected numbers of COVID-19-related deaths of vaccinated and unvaccinated people with the mixed vaccination program by vaccination strategy and coverage, and for eligibility thresholds of 5 and 15 years. At full vaccination coverage and 90% maximum uptake, herd protection can be achieved if the vaccination eligibility age is 5 years, but not if it is 15 years. At 60% vaccination coverage or higher, a substantial minority of deaths will be of vaccinated people with any combination of vaccination strategy and age eligibility (Box 3).

Sensitivity analysis

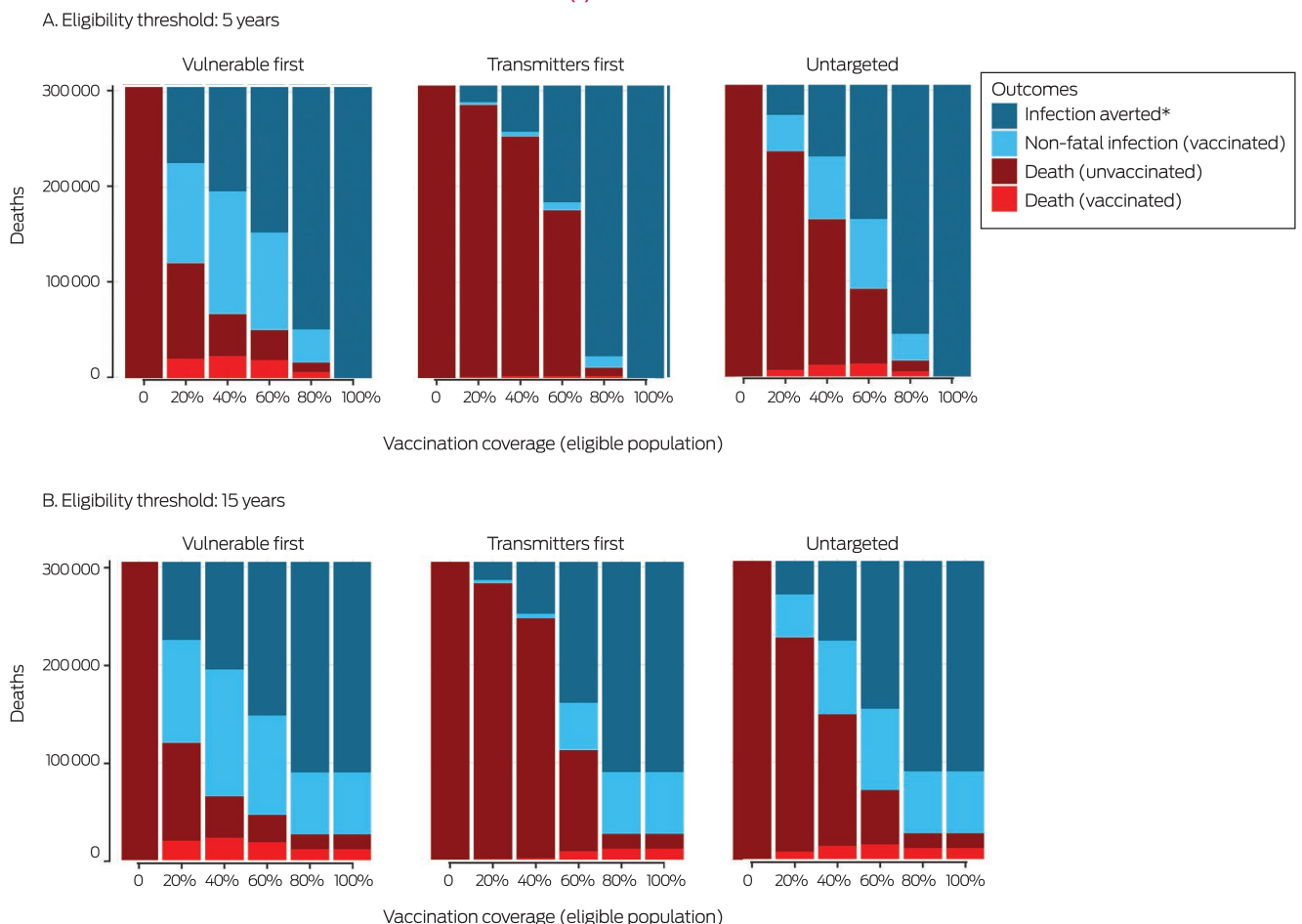
We conducted sensitivity analyses that included variations in the following input parameters: the relative infectiousness of people with asymptomatic and symptomatic infections, overall vaccine efficacy against symptomatic infection (V_e), relative lethality of Delta and earlier original SARS-CoV-2 strains, and the choice of age-specific contact matrix. In all scenarios, our general conclusions regarding the achievability of herd protection with vaccination, including the relative performance of each vaccination strategy, were confirmed (online Supporting Information). The sensitivity of outcomes to $R_{eff(\bar{v})}$, coverage, uptake, vaccine choice and age eligibility cut-off can be evaluated directly using our online tool.²⁵

Discussion

If $R_{eff(\bar{v})}$ for the Delta variant of SARS-CoV-2 is as high as 7, herd protection is unlikely to be achieved in Australia. On the other hand, if its value can be constrained to below 3.0 by measures other than vaccination, herd protection is achievable with the AstraZeneca only, Pfizer only, and mixed programs.

Our modelling indicates that vaccinating more vulnerable (older) age groups first, as undertaken in Australia, is the optimal strategy for reducing the numbers of hospitalisations, deaths, and years of life lost to COVID-19 caused by a highly infectious SARS-CoV-2 variant. Herd protection could be achieved with a

3 Numbers of deaths with the mixed vaccine program ($R_{eff(\bar{v})} = 5$, uptake = 90%), by vaccination strategy and vaccination coverage



* Through personal immunity or herd protection (vaccinated and unvaccinated people). ♦

program including the AstraZeneca vaccine for older people and the Pfizer vaccine for younger people. However, if the $R_{\text{eff}(\bar{v})}$ for the Delta strain is 5 or higher, at least 85% of the Australian population, including children aged 5 years or more, would need to be vaccinated. The current plan to vaccinate 80% of people aged 16 years or more, or about 65% of the total population, will consequently fall short of achieving herd protection. Nevertheless, vaccination averts a considerable number of deaths and years of life lost by both reducing the number of infections of vaccinated and unvaccinated people, and by directly reducing the severity of disease in vaccinated infected persons.

For lower $R_{\text{eff}(\bar{v})}$ values, reflecting the situation in an Australian city with partial lockdowns or other transmission mitigation measures, we found that targeting more socially active people first could achieve herd protection at lower vaccination coverage rates than untargeted strategies or strategies targeting the vulnerable older age groups.

The Doherty model projections by R_{eff}^{10} derived using inputs similar to ours,⁶ are generally consistent with our findings. Some of the divergences are probably attributable to differences in the plausible R_{eff} values considered in the context of multiple public health interventions. In particular, we found that teenagers and younger children need to be vaccinated to achieve herd protection and to avoid substantial loss of life if $R_{\text{eff}(\bar{v})}$ is slightly higher than the value in the Doherty model (3.6).

Our model was based on the pre-vaccination effective reproduction number ($R_{\text{eff}(\bar{v})}$), taking into account all public health and individual mitigation strategies apart from vaccination. This value changes with public health responses; with partial lockdowns, we expect a value below 3, and our model would favour vaccinating high transmitters as the priority. Our baseline $R_{\text{eff}(\bar{v})}$ value was 5, corresponding to the relaxation of all general mitigation measures and reliance on a specific public health response. We also modelled a fully unmitigated epidemic ($R_{\text{eff}(\bar{v})} = 7$), which would preclude achieving herd protection with available vaccines.

The effects of $R_{\text{eff}(\bar{v})}$ values and other variables on model outputs can be further evaluated with our online tool,²⁵ which allows users to vary model parameters as new evidence emerges, including $R_{\text{eff}(\bar{v})}$, the choice of several vaccines, and the extent of population immunity attributable to natural infection (ie, seroprevalence of SARS-CoV-2 antibodies). The open source code is publicly available (https://github.com/michaeltmeehan/covid19/tree/main/immunization_australia).

Limitations

We aggregated the effects of all public health interventions other than vaccination with a single value ($R_{\text{eff}(\bar{v})}$), rather than modelling them separately. This value was fixed for each simulation, and we modelled the final size of an epidemic, not dynamic time steps. Our model does not predict the epidemic curve or

the impact of sequential interventions, nor the effects of waning immunity, which is currently poorly understood. The number of people affected by “long COVID” could be estimated from our model outputs (age-specific infection rates) once more precise data are available, but we have not examined this outcome. Contact pattern heterogeneity was considered in our model, but only to the level of 5-year age groups. We did not model the impact on specific occupations or subgroups of people; we may have overestimated the impact of vaccination if particular subgroups remain unvaccinated or underestimated the effect of targeting subgroups of high transmitters.

Conclusion

By August 2021, people in Australia at greatest risk of COVID-19, including those over 70 years of age, had the opportunity to be vaccinated, and more than 80% of people in this age group had received their first vaccination dose by early September.²⁶ The recent focus in Australia has been to vaccinate people aged 60 years or more with the AstraZeneca vaccine and 40–59 year-old people with the Pfizer vaccine. Our model findings suggest that priorities for the short term future should be to expand vaccination access to all ages for whom the Pfizer vaccine has provisional approval in Australia (people aged 12 years or more). The Pfizer vaccine supply has been the rate-limiting step for this approach.

We need to determine the national vaccination level required before re-opening Australia to international travellers and moving from our aggressive domestic control strategy. The current acceptance of COVID-19 vaccination among Australians, vaccine efficacy, and the infectiousness of the SARS-CoV-2 Delta variant mean that achieving herd protection through vaccination alone is improbable. If children are vaccinated and new vaccines that elicit long lasting sterilising immunity become available, this situation could change. However, substantial reductions in the numbers of deaths, hospitalisations, and years of life lost to COVID-19 can be achieved if we strategically vaccinate most of our older and more vulnerable residents, and then vaccinate high transmitters. Herd protection should be our aim, but not the criterion for transitioning to Phase B of the national response plan.¹

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Supporting Information

Additional Supporting Information is included with the online version of this article.