Talking about hepatitis

Hepatitis C is a blood-borne virus, and so in this poster the Aboriginal communities in Victoria are represented as blood cells, holding hands to indicate community strength, and coming together to talk about hepatitis and injecting drug use. Hepatitis C is very much an issue for urban Aboriginal communities in Australia. By coming together we encourage conversations about the more marginalised people in the community who are affected by the virus, and, ultimately, help to prevent and treat this disease.

Author details

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The Dr Ross Ingram Memorial Competition

The Dr Ross Ingram Memorial Competition for an outstanding essay on Indigenous health by an Aboriginal or Torres Strait Islander person was first awarded in 2005.

From 2011, the competition has been expanded to include a second category, original artwork. Images can tell powerful stories and we believe that adding this category will further enrich the MJA’s exploration of one of the most important topics in Australian health care.

The competition is open to any Aboriginal or Torres Strait Islander person working, researching or training in a health-related field; we are looking for essays or artworks that present original and positive ideas aimed at promoting health gains and health equity for Australia’s Indigenous peoples. After all, real insights and solutions come from within, not from without.

Winning entries are published in the Journal’s Indigenous Health issue (the second issue in May each year), and attract a prize of $2000 in each category. Other entries of high merit may also be published.

Essays should be no more than 2000 words long

Artworks should be submitted as a digital photograph, with a brief description of the message that the artwork is conveying. Send as a jpg file format at 300 dpi (minimum width 9 cm).

Closing date: Friday, 27 January 2012.

Before entering the competition, please take a moment to read about Dr Ross Ingram, and feel free to follow the links to previous years’ finalists and winners from the link below.