TEST ALL PATIENTS WITH CANCER FOR HEPATITIS B

EMBARGOED UNTIL 12:01 am Monday 20 May 2019

ALL patients undergoing cancer treatment should be tested for hepatitis B virus (HBV) to minimise disruption to treatment and the risk of reactivating any HBV infection, according to the authors of a consensus statement published by the Medical Journal of Australia.

“Individuals with chronic HBV infection or past exposure to HBV infection have a substantial risk of reactivation during immunosuppressive cancer therapy,” wrote the authors, led by Dr Joseph Doyle, Senior Lecturer and Infectious Diseases Physician at the Department of Infectious Diseases, at The Alfred and Monash University.

“HBV reactivation can lead to liver failure, cancer treatment interruption or death.”

Until now, adherence to screening and treatment guidelines has been “inconsistent in practice”, according to Doyle and colleagues, and existing international guidelines have not been specific to the Australian context.

“We developed an Australian consensus statement with infectious diseases, hepatology, haematology and oncology specialists to inform hepatitis B screening and antiviral management for immunocompromised patients with haematological and solid organ malignancies in Australia,” they wrote.

The consensus statement makes recommendations in four key areas of HBV infection management for immunocompromised patients with haematological and solid organ malignancies:

• who to test for HBV infection;
• when to start antiviral agents;
• when to stop antiviral agents; and
• how to monitor patients during cancer therapy.

“This consensus statement will simplify the approach to testing and prophylaxis for HBV infection during cancer therapy, and harmonise approaches to discontinuing and monitoring individuals which have been highly variable in practice,” Doyle and colleagues concluded.

The authors also advocated for broader Medicare Benefits Schedule (MBS) and Pharmaceutical Benefits Scheme (PBS) access to HBV testing and treatment for patients undergoing cancer therapy.

“The [PBS] should cover the prescription of entecavir or tenofovir for patients identified as at-risk of HBV reactivation during immunosuppressive cancer therapy,” they wrote. “These drugs are both off patent and have cheap, generic options available.”

“The [MBS] should cover regular HBV DNA testing during and after cancer therapy.

“We acknowledge that the recommendations may not reflect current practice in all cancer and hepatitis services across Australia. We urge health care service administrators and specialists to think about systems and procedures to enable implementation of these best practice recommendations.”

Please remember to credit The MJA.

The Medical Journal of Australia is a publication of the Australian Medical Association.

The statements or opinions that are expressed in the MJA reflect the views of the authors and do not represent the official policy of the AMA or the MJA unless that is so stated.

CONTACTS: Courtney Karayannis
Senior Media Advisor
Monash University
Ph: (03) 9903 4169 or 0408 508 454
Email: courtney.karayannis@monash.edu