

Supporting Information

Supplementary methods and results

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Bhattacharyya P, Schemann K, Min SS, et al. Serum vitamin C status of people in New South Wales: retrospective analysis of findings at a public referral hospital. *Med J Aust* 2023; doi: 10.5694/mja2.52132.

| | Odds ratio (95% confidence interval) | Brant test ^a |
|---|--------------------------------------|-------------------------------------|
| Year | | χ ² =60.4, df=4, p<0.001 |
| 2017 | 1 | |
| 2018 | 1.28 (1.15–1.44) | |
| 2019 | 1.54 (1.38–1.72) | |
| 2020 | 1.53 (1.38–1.70) | |
| 2021 | 1.45 (1.31–1.61) | |
| Age (per year) | 0.98 (0.98–0.98) | χ ² =10.8, df=1, p=0.001 |
| Gender (women) | 1.21 (1.14–1.30) | χ ² =7.3, df=1, p=0.007 |
| Socio-economic status (IRSAD quintile) | | χ ² =12.3, df=4, p=0.016 |
| Q1 | 1 | |
| Q2 | 0.91 (0.83–1.00) | |
| Q3 | 1.16 (1.05–1.27) | |
| Q4 | 1.30 (1.17–1.45) | |
| Q5 -least | 1.66 (1.50–1.84) | |
| Remoteness | | χ²=0.95, df=3, p=0.81 |
| Remote/very remote | 1 | |
| Outer regional | 1.41 (0.94–2.13) | |
| Inner regional | 1.64 (1.10–2.46) | |
| Major city | 2.17 (1.46–3.23) | |

Table 1. Univariable proportional odds ordinal models and Brant test results for the proportionalodds assumption

^a The Brant test tests the null hypothesis that the parallel regression/ proportional odds assumption holds. Reference: Brant, R. Assessing proportionality in the proportional odds model for ordinal logistic regression. *Biometrics* 1990; 46: 1171–1178.

| Table 2. Age distribution of 12 934 people whose serum vitamin C levels were assessed at the |
|--|
| Royal Prince Alfred Hospital, 2017–2021, overall and by vitamin C status |

| | Minimum | Maximum | Mean (SD) | Median (interquartile range) |
|------------------------|---------|---------|-------------|------------------------------|
| Normal | 0.0 | 102.0 | 35.8 (28.2) | 32.0 (8.0-62.0) |
| Hypovitaminosis C | 0.1 | 102.0 | 46.8 (25.7) | 51.0 (24.0-68.0) |
| Significant deficiency | 0.0 | 100.0 | 51.4 (23.9) | 56.0 (36.0-70.0) |
| Overall | 0.0 | 102.0 | 42.9 (27.3) | 47.0 (15.0-66.0) |

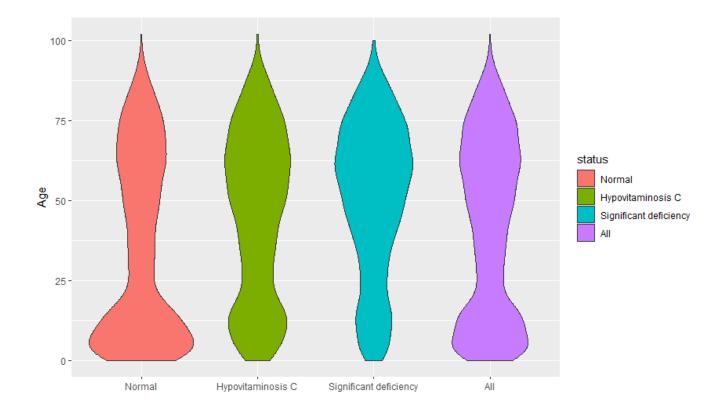


Figure 1. Violin plots of the distribution of the continuous variable Age (in years) overall and by the outcome Vitamin C status in a study of 12,934 samples

| | Vitamin C status comparison | | |
|---------------------------|--|---|--|
| | Hypovitaminosis C v Normal | Significant deficiency v Normal | |
| Term | Adjusted odds ratio (95% confidence interval) | Adjusted odds ratio (95% confidence interval) | |
| Model 1 | | | |
| Age (per year) | 1.02 (1.01-1.02) | 1.02 (1.01-1.02) | |
| Year | | | |
| 2017 | 1 | 1 | |
| 2018 | 0.59 (0.47-0.72) | 0.74 (0.58-0.93) | |
| 2019 | 0.43 (0.35-0.52) | 0.59 (0.47-0.74) | |
| 2020 | 0.42 (0.34-0.51) | 0.47 (0.38-0.58) | |
| 2021 | 0.48 (0.40-0.58) | 0.45 (0.36-0.56) | |
| IRSAD Quintile | | | |
| 5th – least disadvantaged | 1 | 1 | |
| 4th | 1.2 (1.04-1.39) | 1.41 (1.19-1.67) | |
| 3rd | 1.21 (1.06-1.38) | 1.83 (1.57-2.13) | |
| 2nd | 1.32 (1.16-1.51) | 2.18 (1.88-2.54) | |
| 1st – most disadvantaged | 1.35 (1.19-1.54) | 2.07 (1.79-2.4) | |
| Gender | | | |
| Women | 1 | 1 | |
| Men | 0.96 (0.77-1.19) | 1.29 (1.02-1.64) | |
| Year: Gender | | | |
| 2017: Men | 1 | 1 | |
| 2018: Men | 0.99 (0.73-1.33) | 1 (0.73-1.38) | |
| 2019: Men | 1.16 (0.87-1.56) | 1.01 (0.74-1.38) | |
| 2020: Men | 1.25 (0.95-1.66) | 1.12 (0.83-1.53) | |
| 2021: Men | 1.25 (0.95-1.64) | 1.15 (0.85-1.56) | |

Table 3. Results of two-way interaction testing for Year with Gender added to the main effects only multinomial model for Vitamin C status

IRSAD = Index of Relative Socio-economic Advantage and Disadvantage.

Interaction testing: Type II Analysis of deviance test:

Year: Gender, likelihood ratio: Chi sq = 6.37, df=8, p = 0.61.

| | Vitamin C status comparison | | | |
|-------------------------------------|-----------------------------|------------------------------------|--|--|
| | Hypovitaminosis C v Normal | Significant deficiency v Normal | | |
| | Adjusted odds ratio (95% | Adjusted odds ratio (95% | | |
| Term | confidence interval) | confidence interval) | | |
| Age (continuous) | 1.02 (1.01-1.02) | 1.02 (1.02-1.03) | | |
| Year | | | | |
| 2017 | 1 | 1 | | |
| 2018 | 0.74 (0.54-1.02) | 0.73 (0.5-1.08) | | |
| 2019 | 0.48 (0.35-0.67) | 0.60 (0.41-0.88) | | |
| 2020 | 0.45 (0.33-0.62) | 0.34 (0.23-0.50) | | |
| 2021 | 0.55 (0.41-0.75) | 0.50 (0.35-0.72) | | |
| IRSAD quintile | | | | |
| 5th – least disadvantaged | 1 | 1 | | |
| 4th | 1.70 (1.15-2.50) | 1.47 (0.92-2.33) | | |
| 3rd | 1.30 (0.93-1.82) | 1.68 (1.14-2.46) | | |
| 2nd | 1.14 (0.82-1.60) | 1.73 (1.19-2.51) | | |
| 1st – most disadvantaged | 1.49 (1.08-2.07) | 2.13 (1.48-3.07) | | |
| Gender | | | | |
| Female | 1 | 1 | | |
| Male | 1.10 (1.01-1.19) | 1.38 (1.26-1.51) | | |
| Year: IRSAD quintile (v quintile 5) | | | | |
| 2018: 4 th | 0.50 (0.30-0.85) | 0.92 (0.50-1.69) | | |
| 2019: 4 th | 0.68 (0.41-1.15) | 0.96 (0.53-1.74) | | |
| 2020: 4 th | 0.76 (0.47-1.25) | 1.28 (0.70-2.33) | | |
| 2021: 4 th | 0.70 (0.44-1.13) | 0.79 (0.45-1.41) | | |
| 2018: 3rd | 0.81 (0.51-1.28) | 1.11 (0.66-1.86) | | |
| 2019: 3 rd | 0.92 (0.58-1.44) | 0.94 (0.56-1.56) | | |
| 2020: 3 rd | 1.04 (0.67-1.61) | 1.47 (0.88-2.45) | | |
| 2021: 3 rd | 0.91 (0.60-1.39) | 1.03 (0.63-1.68) | | |
| 2018: 2 nd | 0.89 (0.56-1.41) | 1.13 (0.68-1.89) | | |
| 2019: 2 nd | 1.19 (0.75-1.88) | 1.16 (0.71-1.91) | | |
| 2020: 2 nd | 1.33 (0.85-2.06) | 1.91 (1.15-3.16) | | |
| 2021: 2 nd | 1.25 (0.82-1.90) | 1.17 (0.73-1.88) | | |
| 2018: 1 st – most | 0.70 (0.45-1.09) | 0.86 (0.53-1.42) | | |
| 2019: 1 st – most | 0.94 (0.61-1.45) | 0.89 (0.55-1.44) | | |
| 2020: 1 st – most | 0.99 (0.65-1.51) | 1.48 (0.90-2.42) | | |
| 2021: 1 st – most | 0.92 (0.60-1.39) | 0.79 (0.49-1.27) | | |

Table 4. Results of two-way interaction testing for Year with SEIFA IRSAD Disadvantage Quintile added to the main effects only multinomial model for Vitamin C status

IRSAD = Index of Relative Socio-economic Advantage and Disadvantage.

Interaction testing – Type II Analysis of deviance test:

Year: Quintile, likelihood ratio: Chi sq = 27.1, df=32, p = 0.72.

| | Number with hypovitaminosis C or significant | | | |
|-----------------------------|--|-----------------|------------|------------------|
| SA3 ^a | deficiency | Number of tests | Population | Rate per 100 000 |
| Liverpool | 142 | 259 | 125395 | 113.2 |
| Coffs Harbour | 73 | 103 | 88884 | 82.1 |
| Parramatta | 110 | 217 | 151071 | 72.8 |
| Camden | 43 | 82 | 66687 | 64.5 |
| Lithgow - Mudgee | 28 | 53 | 47762 | 58.6 |
| Bringelly - Green Valley | 62 | 112 | 112607 | 55.1 |
| St Marys | 30 | 51 | 56066 | 53.5 |
| Mount Druitt | 62 | 90 | 117192 | 52.9 |
| Tamworth - Gunnedah | 40 | 69 | 82834 | 48.3 |
| Maitland | 29 | 56 | 77800 | 37.3 |
| Blacktown | 51 | 96 | 142159 | 35.9 |
| Richmond - Windsor | 13 | 25 | 37724 | 34.5 |
| Clarence Valley | 17 | 25 | 51266 | 33.2 |
| Gosford | 56 | 113 | 175144 | 32.0 |
| Lower Murray | 4 | 7 | 12785 | 31.3 |

Table 5. Geographic distribution of hypovitaminosis C and significant deficiency test results above30 per 100 000 resident population during 2017-2021 in regional and metropolitan NSW

^a SA3 = Statistical Area Level 3