



Appendix

**This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.**

Appendix to: Chanchlani S, Chang D, Ong JS, Anwar A. The value of peer mentoring for the psychosocial wellbeing of junior doctors: a randomised controlled study. *Med J Aust* 2018; 209: 401-405. doi: 10.5694/mja17.01106.

1. Semi-structured interviews/focus group questions

The following questions aim to assess your experience of the overall program:

How did you use the program?

- Frequency
- Timing
 - Weekend?
 - Weekday evening?
- Maximal meeting duration
- Meeting location
 - Office/ward/Doctors Common Room
 - Casual environment eg café/restaurant?
 - Specific social event eg mentoring evening?
- Communication with mentor
 - Email/text/phone/social media?

Desired mentor training?

Concerns about mentorship relationship

- Confidentiality?
- Apprehension about retribution?
- Embarrassment?

Discussion content?

- Discussion of junior medical officer working scenarios
- Work/life balance
- Administrative/working life issues
- Career development/uncertainty
- Performance/efficiency/time management
- Relationships with colleagues
- Clinical skills/assessments
- Accessing learning opportunities/promotion of scheduled learning
- Personal issues

Should we continue with this peer led mentoring program?

What can be done to improve it?

What is your impression of the value of this peer mentorship program for interns taking into consideration the following aspects:

- Stress levels
- Morale
- Sense of support
- Role modelling
- Forum to capture/address/feedback issues to organization (ie, bullying/harassment)
- Psychosocial wellbeing
- Job satisfaction
- Opportunity to debrief
- Consideration of long term career goals/pathways\
- Address principles of self care/work life balance

2. Consolidated Standards of Reporting Trials (CONSORT) chart for flow of participants through the study

