

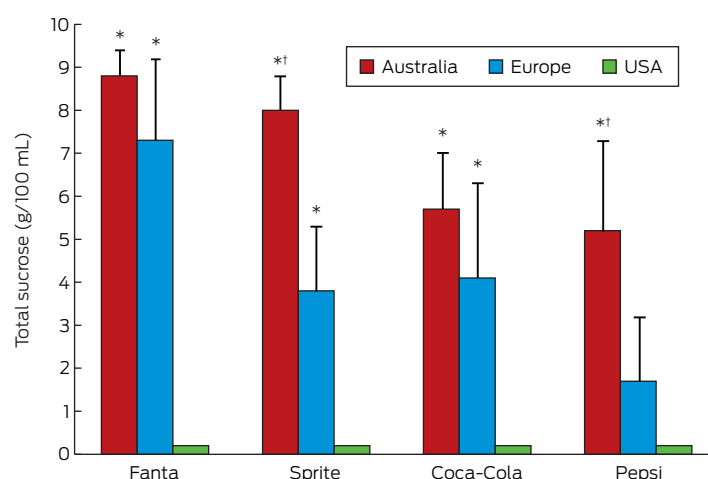


## **Appendix**

**This appendix was part of the submitted manuscript and has been peer reviewed.  
It is posted as supplied by the authors.**

Appendix to: Varsamis P, Larsen R, Dunstan D, et al. The sugar content of soft drinks in Australia, Europe and the United States. *Med J Aust* 2017; 206: 545. doi: 10.5694/mja16.01316.

## Mean concentrations of sucrose in popular soft drinks in Australia, Europe and the United States



## Concentrations of glucose, fructose, and sucrose, and of total glucose and total fructose in popular soft drinks in Australia, Europe and the United States

	Australia	Europe	United States
Glucose as glucose (g/100 mL), mean (SD)			
Fanta	1.1 (0.3)*†	2.2 (1.0)*	4.7 (0.1)
Sprite	1.0 (0.3)*†	2.8 (0.9)*	4.0 (0.1)
Coca-Cola	2.5 (0.7)*†	3.5 (1.2)	4.2 (0.1)
Pepsi	3.0 (1.1)*†	4.9 (0.9)	4.4 (0.1)
Fructose as fructose (g/100 mL), mean (SD)			
Fanta	1.1 (0.3)*†	2.2 (1.0)*	6.8 (0.1)
Sprite	1.0 (0.3)*†	2.8 (0.8)*	5.9 (0.1)
Coca-Cola	2.6 (0.7)*	3.6 (1.2)*	6.0 (0.1)
Pepsi	3.0 (1.0)*†	4.9 (0.8)*	6.4 (0.0)
Sucrose (g/100 mL), mean (SD)			
Fanta	8.8 (0.6)*	7.3 (1.9)*	0.2 (0.0)
Sprite	8.0 (0.8)*†	3.8 (1.5)*	0.2 (0.0)
Coca-Cola	5.7 (1.3)*	4.1 (2.2)*	0.2 (0.0)
Pepsi	5.2 (2.1)*†	1.7 (1.5)	0.2 (0.0)
Total glucose, calculated final monosaccharide concentration (g/100 mL), mean (SD)			
Fanta	5.5 (0.1)*†	5.9 (0.2)*	4.8 (0.1)
Sprite	5.0 (0.2)*†	4.7 (0.1)*	4.1 (0.1)
Coca-Cola	5.4 (0.1)*†	5.6 (0.1)*	4.3 (0.1)
Pepsi	5.6 (0.0)*†	5.8 (0.1)*	4.5 (0.1)
Total fructose, calculated final monosaccharide concentration (g/100 mL), mean (SD)			
Fanta	5.6 (0.2)*†	5.9 (0.2)*	6.9 (0.1)
Sprite	5.0 (0.2)*†	4.7 (0.1)*	6.0 (0.1)
Coca-Cola	5.4 (0.1)*†	5.6 (0.1)*	6.1 (0.1)
Pepsi	5.6 (0.1)*†	5.8 (0.1)*	6.5 (0.0)

Five samples of each soft drink from each region were analysed. \*  $P < 0.05$  v United States; †  $P < 0.05$  v Europe.