



Appendix 4

**This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.**

Appendix to: Chalasani S, Peiris DP, Usherwood T, et al. Reducing cardiovascular disease risk in diabetes: a randomised controlled trial of a quality improvement initiative. *Med J Aust* 2017; 206: 446-441. doi: 10.5694/mja16.00332.

Appendix 4: Treatment targets for BP and lipid management

<p>Blood pressure therapy Target treatment levels:</p> <ul style="list-style-type: none"> • $\leq 140/90$ mmHg in general or people with CKD • $\leq 130/80$ mmHg in all people with diabetes • $\leq 130/80$ mmHg if micro or macro albuminuria (UACR > 2.5 mg/mmol in men and > 3.5 mg/mmol in women) 	<p>Guideline National Vascular Disease Prevention Alliance Guidelines for the Assessment and Management of Absolute Cardiovascular Disease Risk 2012</p>
<p>Lipid lowering therapy Target treatment levels:</p> <ul style="list-style-type: none"> • TC < 4.0 mmol/L • HDL-C ≥ 1.0 mmol/L • LDL-C < 2.0 mmol/L • TG < 2.0 mmol/L 	<p>National Vascular Disease Prevention Alliance Guidelines for the Assessment and Management of Absolute Cardiovascular Disease Risk 2012</p>

CKD: Chronic Kidney Disease; HDL-C: high density lipoprotein cholesterol; LDL-C: low density lipoprotein cholesterol; TC: total cholesterol; TG: triglycerides; UACR: urinary albumin:creatinine ratio.