



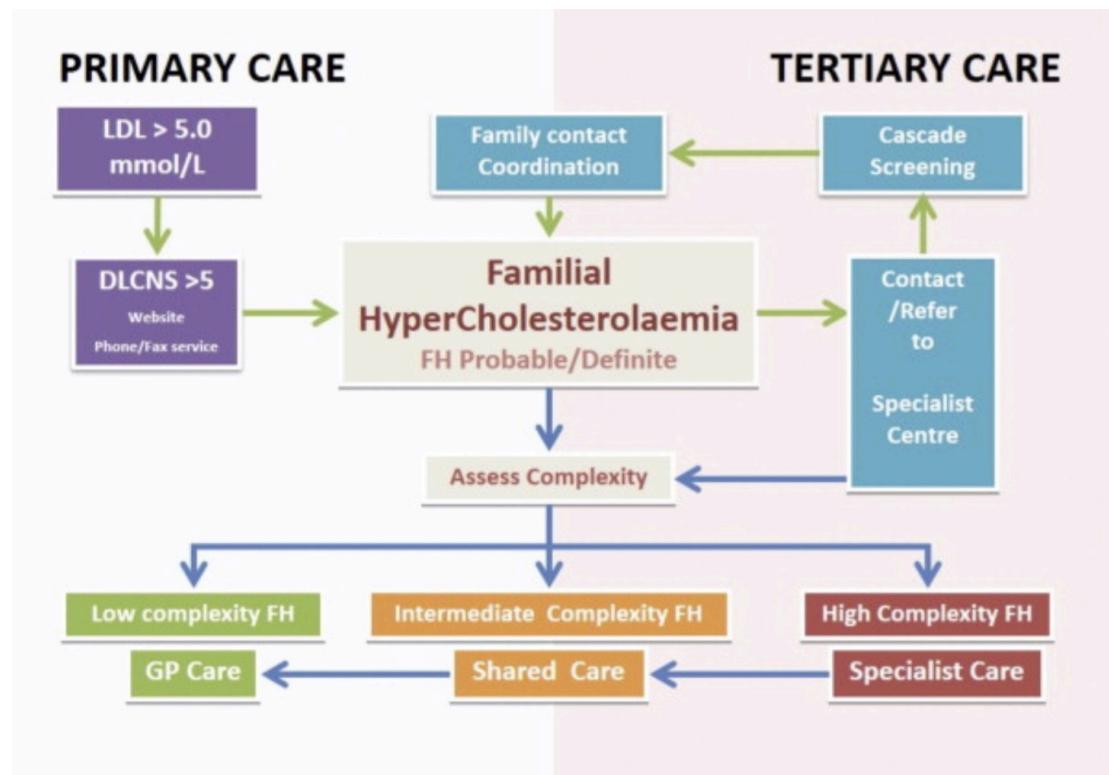
Appendix

**This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.**

Appendix to: Bell DA, Watts GF. Progress in the care of familial hypercholesterolaemia: 2016. *Med J Aust* 2016; 205: 232-236. doi: 10.5694/mja16.00070.

Appendix 1: Detecting and managing FH in primary care

Sourced with permission from: Vickery AW, Bell D, Garton-Smith J, Kirke AB, Pang J, Watts GF. Optimising the Detection and Management of Familial Hypercholesterolaemia: Central Role of Primary Care and its Integration with Specialist Services. Heart Lung Circ. 2014; 23(12): 1158-64



Care level and complexity of FH

Complexity	Characteristics	Care Level
Low	<ul style="list-style-type: none"> • no CVD • no CVD risk factors • attained their LDL-cholesterol target on statin treatment 	Primary Care
Medium	<ul style="list-style-type: none"> • stable CVD • stable CVD risk factors • nearly reached their LDL-cholesterol target on statin treatment • minor statin intolerance • heterozygous FH and are under 18 	Shared care
High	<ul style="list-style-type: none"> • multiple uncontrolled risk factors • symptomatic CVD • recent myocardial infarction or revascularisation • not attained their LDL-cholesterol target despite dual therapy • severe statin intolerance • special situations e.g. pregnancy, LDL-apheresis, issues with cascade screening 	Tertiary care