



Appendix 3

**This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.**

Gartoulla P, Davis SR, Worsley R, et al. Use of complementary and alternative medicines for menopausal symptoms in Australian women aged 40–65 years. *Med J Aust* 2015; 203: 146e.1-146.e7. doi: 10.5694/mja14.01723.

Appendix 3. Logistic regression for the outcome variable of consulting at least one CAM* practitioner

	At least one consultation		At least one consultation	
	Crude odds ratio (95% CI)	P	Adjusted odds ratio (95% CI)	P
Menopausal status				
Premenopausal (n=527)	Reference		Reference	
Perimenopausal (n=382)	1.60 (0.99-2.60)	0.06	1.17 (0.67-2.03)	0.58
Post <55 years (n=306)	1.87 (1.14-3.07)	0.01	1.12 (0.62-2.02)	0.72
Post 55-<60 years (n=444)	1.48 (0.92-2.37)	0.11	1.09 (0.63-1.87)	0.76
Post ≥ 60 years (n=358)	0.86 (0.49-1.52)	0.60	0.83 (0.45-1.57)	0.58
Any VMS**				
No (n=828)	Reference		Reference	
Yes (n=896)	2.06 (1.41-3.01)	<0.001	1.80 (1.20-2.71)	0.004
Moderate-severe VMS				
No (n=1504)	Reference			
Yes (n=220)	1.83 (1.17-2.86)	0.01		
Any sexual symptoms				
No (n=713)	Reference			
Yes (n=956)	1.34 (0.92-1.95)	0.13		
Moderate-severe sexual symptoms				
No (n=1709)	Reference		Reference	
Yes (n=308)	1.84 (1.26-2.70)	0.002	1.43 (0.89-2.29)	0.14
Any physical symptoms				
No (n=45)	Reference			
Yes (1680)	3.81 (0.52-27.90)	0.19		
Moderate-severe physical symptoms				
No (n=1706)	Reference		Reference	
Yes (n=311)	1.69 (1.15-2.48)	0.008	1.01 (0.60-1.69)	0.97
Any psychological symptoms				
No (n=230)	Reference			
Yes (n=1495)	2.26 (1.13-4.51)	0.02		
Moderate-severe psychological symptoms				
No (n=1682)	Reference		Reference	
Yes (n=335)	2.25 (1.58-3.21)	<0.001	1.51 (0.93-2.45)	0.09
Residential location				
Metro (n=1264)	Reference			
Non-metro (n=752)	1.10 (0.80-1.51)	0.58		
Education				
High school or less (n=831)	Reference		Reference	
Beyond high school (n=1183)	1.41 (1.01-1.96)	0.05	1.56 (1.07-2.29)	0.02
Current relationship status				
Married or long term relationship (n=1356)	Reference			
Not currently partnered (n=657)	1.17 (0.84-1.63)	0.34		
Paid work				
No (n=741)	Reference			
Yes (n=1272)	1.18 (0.85-1.65)	0.33		
Children				
No (n=314)	Reference			
Yes (n=1700)	0.92 (0.60-1.40)	0.69		
Hysterectomy only				
No (n=1643)	Reference			
Yes (n=251)	1.10 (0.69-1.73)	0.71		
Surgical menopause				
No (n=1908)	Reference			
Yes (109)	0.51 (0.21-1.28)	0.15		

*CAM, Complementary and alternative medication. **VMS, Vasomotor symptoms.