



## **Appendix 1**

**This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.**

Appendix to: Thomas DP, Davey ME, Panaretto KS, et al. Smoking among a national sample of Aboriginal and Torres Strait Islander health service staff. *Med J Aust* 2015; 202 (10 Suppl): S85-S89. doi: 10.5694/mja14.01523.

## Appendix 1

### Questions from Talking about the Smokes STAFF survey analysed in this paper

Questions	Comments
<p><b>Demographics</b></p>	
<p>Do you identify as:</p> <ul style="list-style-type: none"> <li>• Aboriginal</li> <li>• Torres Strait Islander</li> <li>• Both Aboriginal and Torres Strait Islander</li> <li>• Neither Aboriginal nor Torres Strait Islander</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>What is the postcode where you live? Postcode: _____</p> <ul style="list-style-type: none"> <li>• <i>Refused/Missed</i></li> </ul>	<p>Postcode used to generate Australian Statistical Geography Standard (ASGS) remoteness category:</p> <ul style="list-style-type: none"> <li>• Major city</li> <li>• Inner regional</li> <li>• Outer regional</li> <li>• Remote</li> <li>• Very remote</li> </ul> <p>Postcode used to generate Area Level Disadvantage using Socio-economic Index (SEIFA) 2011 Index of Relative Disadvantage quintiles (Australian Bureau of Statistics (2013). 2033.0.55.001 - Socio-economic Indexes for Areas (SEIFA), Data Cube, 2011, Table 3)</p>
<p>How long have you worked at this health service? <i>Record number</i> _____(years) _____(months)</p> <ul style="list-style-type: none"> <li>• <i>Refused/Missed</i></li> </ul>	

<p>Do you work full time or part time?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Full time</li> <li>• Part time</li> <li>• <i>Refused/Missed</i></li> </ul>	
<b>Role at health service</b>	
<p>What is your role at this health service?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Aboriginal Health Worker or Community Worker including alcohol and other drugs worker, healthy lifestyle worker, mental health worker, community program worker</li> <li>• Doctor</li> <li>• Nurse, including those in education and community or outreach roles</li> <li>• Others with direct patient/client contact. E.g front reception, driver</li> <li>• Others with no direct patient/client contact</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>Are you in a manager role?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Yes – CEO</li> <li>• Yes – Other manager role</li> <li>• No – Not in a manager role</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>Do you provide clinical care to patients in your current position at this health service?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Yes</li> </ul>	

<ul style="list-style-type: none"> <li>• No</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>How much do you talk about smoking in your day-to-day work?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Hardly at all</li> <li>• A little bit</li> <li>• A fair bit -- as much as I can in my current role</li> <li>• A lot -- it's my main role</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>How confident do you feel in talking to others about their smoking or quitting?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Not at all</li> <li>• Slightly</li> <li>• Moderately</li> <li>• Very much</li> <li>• Extremely</li> <li>• Don't know</li> <li>• <i>NA</i></li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Section for staff with client or patient contact</p>
<p><b>Smoking and quitting behaviour</b></p>	
<p>Would you say you are:</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• A smoker (including "Social smoker" or occasional smoker)</li> <li>• An ex-smoker</li> <li>• Someone who has never-smoked, or never smoked regularly (a 'non-smoker')</li> <li>• <i>Refused/Missed</i></li> </ul>	

<p>Have you ever tried to quit smoking?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smokers' section</p>
<p>How long ago was your last quit attempt?</p> <p><i>Enter number:</i></p> <ul style="list-style-type: none"> <li>• Days/Weeks/Months/Years ago</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>• Don't know</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smoker's section, for those who have ever tried to quit</p>
<p>Now thinking about where you live. Would you say:</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Smoking is allowed anywhere inside your home</li> <li>• Occasionally people will smoke in your home, or in some areas of your home</li> <li>• Smoking is NEVER allowed ANYWHERE in your home</li> <li>• Don't know</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>Think about the five closest family, friends or people that you often spend time with, not including children under 18 years old. How many of these five people smoke?</p> <p>Enter number between 0 and 5: _____</p> <ul style="list-style-type: none"> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul> <p><i>This is asking about current smoking. Include both daily and less</i></p>	

<p><i>than daily smokers</i></p>	
<p>Where do you smoke during work hours?  <i>Select all that apply</i></p> <ul style="list-style-type: none"> <li>• Indoors</li> <li>• In a special outdoor smoking area, inside the boundary/fence of the worksite</li> <li>• Outside the fence/boundary of the worksite, e.g. on the street/footpath</li> <li>• Other place outdoors</li> <li>• I don't smoke at all when I am at or around work</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smokers' section</p>
<p>In the last month, have you smoked at work where patients or clients can see you?  <i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smokers' section</p>
<p>In the last month, have you smoked with patients or clients during work hours at all?  <i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smokers' section</p>
<p>In the last month, have you smoked with your coworkers during work hours at all?  <i>Choose one</i></p>	<p>Smokers' section</p>

<ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p><b>Cessation support</b></p>	
<p>There are a range of products containing nicotine that are sold to help people quit smoking, these are called nicotine replacement products, they include nicotine patches, nicotine gum, lozenges, tablets and inhalers. There are also stop smoking pills called Champix (varenicline) and Zyban (bupropion).</p> <p>What nicotine product/s or stop smoking medication/s have you used?</p> <p><i>Select all that apply</i></p> <ul style="list-style-type: none"> <li>• Nicotine gum</li> <li>• Nicotine patch</li> <li>• Nicotine lozenges</li> <li>• Nicotine (sublingual) tablets</li> <li>• Other nicotine replacement product (what?) SM210o</li> <li>• Champix (varenicline)</li> <li>• Zyban (bupropion)</li> <li>• Other prescribed stop-smoking medication (what?) SM115o</li> <li>• Other medication (what?) SM220oS</li> </ul> <p><i>OR:</i></p> <ul style="list-style-type: none"> <li>• None used</li> <li>• Don't know</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smokers' section, for those who have ever tried to quit</p>

<p>Have any of your attempts to quit been actively supported by this health service?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smokers' section, for those who have ever tried to quit</p>
<p>What type of information or support did this health service provide?</p> <p><i>Select all that apply</i></p> <ul style="list-style-type: none"> <li>• Information session provided for staff (run by this health service)</li> <li>• Time off to attend local quit program of course or group or special clinic</li> <li>• Access to free or subsidized NRT</li> <li>• Staff quit competition or other incentives</li> <li>• Other: (please write in)</li> <li>• NA</li> <li>• <i>Refused/Missed</i></li> </ul>	<p>Smokers' section, for those who have ever tried to quit, if any attempts to quit been actively supported by this health service</p>
<p>In the last 6 months, how often have you noticed ads that talk about the dangers of smoking, or that encourage quitting? Would you say...</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>1 Never</li> <li>2 Almost never</li> <li>3 Sometimes</li> <li>4 Often</li> <li>5 Very often</li> <li>99 Don't know</li> </ul> <p>88 <i>Refused/Missed</i></p>	

<b>Attitudes about smoking and quitting</b>	
<p>Managers and staff where I work mostly disapprove of smoking.</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> <li>• Don't know</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>Being a non-smoker sets a good example to patients attending this health service not to smoke.</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> <li>• Don't know</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>Being a non-smoker sets a good example to children.</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> </ul>	

<ul style="list-style-type: none"> <li>• Don't know</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>Cigarette smoke is dangerous to non-smokers</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> <li>• Don't know</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>Smoking is not very risky when you think about all the other things that people do.</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> <li>• Don't know</li> <li>• <i>Refused/Missed</i></li> </ul>	
<p>How much do you think you would benefit from better health and other things if you were to quit smoking permanently in the next 6 months?</p> <p><i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Not at all</li> <li>• Slightly</li> <li>• Moderately</li> <li>• Very much</li> </ul>	<p>Smokers' section</p>

- |  |  |
|--|--|
| <ul style="list-style-type: none"><li>• Extremely</li><li>• Don't know</li><li>• <i>NA</i></li><li>• <i>Refused/Missed</i></li></ul> |  |
|--|--|

Questions from Talking about the Smokes main COMMUNITY survey analysed in this paper

Questions	Comments
<b>Smoking and quitting</b>	
<p>Would you say you are:</p> <ul style="list-style-type: none"> <li>• A smoker (including 'social smoker' or occasional smoker)</li> <li>• An ex-smoker</li> <li>• Someone who has never smoked, or never smoked regularly</li> </ul> <p><i>Never smoker or never smoked regularly = less than 100 cigarettes in lifetime</i></p> <p><i>When we say smokes, we mean all types of tobacco. This includes cigarettes, pipes and cigars</i></p>	<p>These three smoking questions combined to generate smoking status variable:</p> <ul style="list-style-type: none"> <li>• Daily smoker</li> <li>• Weekly smoker</li> <li>• Monthly Smoker</li> <li>• Ex-smoker with quit date <math>\leq</math> 30 days ago</li> <li>• Ex-smoker with quit <math>&gt;30</math> days and <math>\leq</math> 6 months ago</li> <li>• Ex-smoker with quit date more than 6 months and <math>\leq</math> 12 months ago</li> <li>• Ex-smoker with quit date <math>&gt;</math> 12 months ago</li> <li>• Never smoked</li> <li>• Less than monthly smoker</li> </ul>
<p>How long ago did you quit smoking?</p> <ul style="list-style-type: none"> <li>• Days/weeks/months/years ago</li> <li>• NA</li> </ul> <p><i>When we say smokes, we mean all types of tobacco. This includes cigarettes, pipes and cigars</i></p>	<p>Ask if self-defined ex-smoker</p>
<p>Do you smoke: <i>Choose One:</i></p>	<p>Ask if has smoked in last month , or if self-defined smoker</p>

<ul style="list-style-type: none"> <li>• Every day (or nearly every day)</li> <li>• At least weekly</li> <li>• Less often than weekly, but at least monthly</li> <li>• Occasionally (less than monthly); or</li> <li>• Not at all</li> <li>• NA</li> </ul> <p><i>This is asking about <b>current</b> smoking – we want to know how much somebody is smoking at the moment, even if this is different from how much they usually smoke.</i></p>	
<p>Have you ever tried to quit smoking?</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• NA</li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	<p>Ask all smokers.</p>
<p>How long ago was your [last] quit attempt?</p> <ul style="list-style-type: none"> <li>• Days/weeks/months/years</li> <li>• NA</li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	<p>Ask all smokers who have tried to quit.</p>
<p>There are a range of products containing nicotine that are sold to help people quit smoking, these are called nicotine replacement products.</p> <p>These include nicotine patches, nicotine gum, lozenges, tablets and inhalers. There are also stop smoking pills called Champix (<i>varenicline</i>) and Zyban (<i>bupropion</i>).</p> <p>Have you ever used any type of nicotine replacement therapy or</p>	<p>Ask all smokers and ex-smokers quit 12 months or less.</p>

<p>other stop-smoking medications?  <i>Choose One:</i></p> <ul style="list-style-type: none"> <li>• Yes</li> <li>• No</li> <li>• NA</li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	
<p>What nicotine product or stop-smoking medication have you used?  <i>Do not read responses. Select all that apply:</i></p> <ul style="list-style-type: none"> <li>• NRT: Nicotine gum</li> <li>• NRT: Nicotine patch</li> <li>• NRT: Nicotine lozenges</li> <li>• NRT: Nicotine (sublingual) tablets</li> <li>• NRT: Other nicotine replacement product (specify)</li> <li>• Champix (varenicline)</li> <li>• Zyban (bupropion)</li> <li>• Other stop smoking medication (specify)</li> <li>• NA</li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	<p>Ask all smokers and ex-smokers quit 12 months or less if have ever used NRT or prescribed stop smoking medications.</p>
<p>We are still thinking about where you live. Would you say:  <i>Choose one</i></p> <ul style="list-style-type: none"> <li>• Smoking is allowed anywhere in your home</li> <li>• Occasionally people will smoke in your home, or in some areas of your home</li> <li>• Smoking is NEVER allowed ANYWHERE in your home</li> <li>• <i>No fixed address</i></li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	
<p>Think about the five closest family, friends or people that you often spend time with, not including children under 18 years old. How many of these five people smoke?</p>	

Choose One:

- 0
- 1
- 2
- 3
- 4
- 5
  
- *Unable to identify 5 close family or friends*
- *NA*
- *Refused*
- *Don't know*

*This is asking about current smoking. Include both daily and less than daily smokers*

Think about all types of **advertising and information** e.g. in the media, the internet, and in other public places.  
In the last 6 months, **how often** have you noticed ads that talk about the dangers of smoking, or that encourage quitting? Would you say...

Choose One:

- Never
- Almost never
- Sometimes
- Often
- Very often
- *NA*
- *Refused*
- *Don't know*

Asked if can see or hear.

<b>Attitudes about smoking and quitting</b>	
<p>How much do you think you would benefit from better health and other things if you were to [stop smoking/stay off the smokes]?</p> <p>Would you say...</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> <li>• Not at all</li> <li>• Slightly</li> <li>• Moderately</li> <li>• Very much</li> <li>• Extremely</li> <li>• <i>NA</i></li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	<p>Ask all smokers and ex-smokers quit 12 months or less.</p>
<p>Smoking is not very risky when you think about all the things that people do:</p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	
<p>Being a non-smoker a good example to children:</p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	

<p>Cigarette smoke is dangerous to non-smokers:</p> <ul style="list-style-type: none"> <li>• Strongly agree</li> <li>• Agree</li> <li>• Neither agree nor disagree</li> <li>• Disagree</li> <li>• Strongly disagree</li> <li>• <i>Refused</i></li> <li>• <i>Don't know</i></li> </ul>	
<p><b>Socio-demographic variables</b></p>	
<p>What is your date of birth?  Or age:  <i>Answer must be 0 or greater:</i>  <i>If says "don't know", ask the participant to estimate age in years</i></p>	<p>Used to derive variable – age in categories</p> <ul style="list-style-type: none"> <li>• 18-24</li> <li>• 25-34</li> <li>• 35-44</li> <li>• 45-54</li> <li>• 55 and up</li> </ul>
<p><i>Record sex – ask only if unsure</i>  Choose One:</p> <ul style="list-style-type: none"> <li>• <i>Female</i></li> <li>• <i>Male</i></li> </ul>	

<p>Do you identify as:</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"><li>• Aboriginal</li><li>• Torres Strait Islander</li><li>• Both Aboriginal and Torres Strait Islander</li><li>• Neither Aboriginal nor Torres Strait Islander</li></ul>	<p>If answer neither Aboriginal nor Torres Strait Islander, survey is ended.</p>
<p>What is the postcode where you live?</p> <p><i>Postcode of residence:</i></p>	<p>Postcode used to generate Australian Statistical Geography Standard (ASGS) remoteness category:</p> <ul style="list-style-type: none"><li>• Major city</li><li>• Inner regional</li><li>• Outer regional</li><li>• Remote</li><li>• Very remote</li></ul> <p>Postcode used to generate Area Level Disadvantage using Socio-economic Index (SEIFA) 2011 Index of Relative Disadvantage quintiles (Australian Bureau of Statistics (2013). 2033.0.55.001 - Socio-economic Indexes for Areas (SEIFA), Data Cube, 2011, Table 3)</p>

**Question from Talking about the Smokes POLICY monitoring survey (for each health service) analysed in this paper**

<p>Does your health service provide additional smoking cessation support for staff members? E.g. provision of free NRT or medications, quit support groups, competitions/incentives to quit smoking.</p> <ul style="list-style-type: none"><li>• Yes</li><li>• No</li></ul>	
<p>Does your workplace have a smoke-free policy or smoke-free rules?</p> <ul style="list-style-type: none"><li>• Yes</li><li>• No</li></ul>	

Talking about the Smokes surveys are available at <http://www.itcproject.org/countries/australia/tats>