



Appendix 1

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Thomas DP, Panaretto KS, Stevens M, Borland R. Dependence in a national sample of Aboriginal and Torres Strait Islander daily smokers. *Med J Aust* 2015; 202 (10 Suppl): S39-S44. doi: 10.5694/mja15.00105.

Appendix 1

Questions from Talking about the Smokes survey analysed in this paper

All Talking about the Smokes surveys are available at <http://www.itcproject.org/countries/australia/tats>

Questions	Comments
Indicators of dependence	
How many smokes do you (usually) have each day? <ul style="list-style-type: none"> • <i>Refused</i> • <i>Don't know</i> 	Ask daily smokers
How soon after you wake up do you have your first smoke? <ul style="list-style-type: none"> • <i>Minutes</i> • <i>OR Hours</i> • <i>Refused</i> • <i>Don't know</i> 	Ask all current daily smokers. Used to derive categorical variable: total minutes to first cigarette <ul style="list-style-type: none"> • <i>More than 60min</i> • <i>31-60min</i> • <i>6 to 30min</i> • <i>5 min or less</i>
How hard is it to go without smoking for a whole day? Would you say... <i>Choose One:</i> <ul style="list-style-type: none"> • Not at all hard • Somewhat hard • Very hard • Extremely hard • Not sure – never tried • <i>Refused</i> 	Ask all current daily smokers.
How often do you get strong urges to smoke? Would you say... <i>Choose One:</i> <ul style="list-style-type: none"> • Never • Less than daily • Daily • Several times a day 	Ask all smokers and ex-smokers quit for 12 months or less

<ul style="list-style-type: none"> • Hourly or more often • <i>Refused</i> • <i>Don't know</i> 	
<p>How easy or hard would it be for you to quit smoking? Would you say...</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> • Very easy • Somewhat easy • Neither easy nor hard • A little bit hard • Very hard • <i>Refused</i> • <i>Don't know</i> 	Ask all smokers
<p>Think about things that made your last quit attempt difficult. Did you get strong cravings for smokes?</p> <ul style="list-style-type: none"> • Yes • No • <i>Don't know</i> • <i>Refused</i> 	Ask all smokers. Filter for quit attempt in last 5 years.
<p>Was it hard to say no when offered a smoke by family and friends?</p> <ul style="list-style-type: none"> • Yes • No • <i>Don't know</i> • <i>Refused</i> 	Ask all smokers. Filter for quit attempt in last 5 years.
<p>Was it hard to be around people who smoke?</p> <ul style="list-style-type: none"> • Yes • No • <i>Don't know</i> • <i>Refused</i> 	Ask all smokers. Filter for quit attempt in last 5 years.
<p>Did you miss the time out you get when having a smoke?</p> <ul style="list-style-type: none"> • Yes 	Ask all smokers. Filter for quit attempt in last 5 years.

<ul style="list-style-type: none"> • No • <i>Don't know</i> • <i>Refused</i> 	
Smoking and quitting	
<p>Would you say you are:</p> <ul style="list-style-type: none"> • A smoker (including 'social smoker' or occasional smoker) • An ex-smoker • Someone who has never smoked, or never smoked regularly <p><i>Never smoker or never smoked regularly = less than 100 cigarettes in lifetime</i></p> <p><i>When we say smokes, we mean all types of tobacco. This includes cigarettes, pipes and cigars</i></p>	<p>These three smoking questions combined to generate smoking status variable:</p> <ul style="list-style-type: none"> • Daily smoker • Weekly smoker • Monthly Smoker • Ex-smoker with quit date ≤ 30 days ago • Ex-smoker with quit >30 days and ≤ 6 months ago • Ex-smoker with quit date more than 6 months and ≤ 12 months ago • Ex-smoker with quit date > 12 months ago • Never smoked • Less than monthly smoker
<p>(Ask if self-defined ex-smoker)</p> <p>How long ago did you quit smoking?</p> <ul style="list-style-type: none"> • Days/weeks/months/years ago • NA <p><i>When we say smokes, we mean all types of tobacco. This includes cigarettes, pipes and cigars</i></p>	
<p>(Ask if has smoked in last month , or if self-defined smoker)</p> <p>Do you smoke:</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> • Every day (or nearly every day) • At least weekly • Less often than weekly, but at least monthly • Occasionally (less than monthly); or • Not at all • NA <p><i>This is asking about current smoking – we want to know how much somebody is smoking at the moment, even if this is different</i></p>	

<i>from how much they usually smoke.</i>	
<p>Have you ever tried to quit smoking?</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> • Yes • No • NA • <i>Refused</i> • <i>Don't know</i> 	Ask all smokers.
<p>How long ago was your [last] quit attempt?</p> <ul style="list-style-type: none"> • Days/weeks/months/years • NA • <i>Refused</i> • <i>Don't know</i> 	Ask all smokers who have tried to quit.
<p><i>If only one quit attempt:</i> How long did you stay completely off the smokes for?</p> <p><i>If >1 quit attempt:</i> Of all the times you tried to quit smoking, what was the longest period you stayed completely off the smokes for?</p> <ul style="list-style-type: none"> • Hours/days/weeks/months/years • NA • <i>Refused</i> • <i>Don't know</i> 	Ask all smokers and ex-smokers quit for 12 months or less if made a quit attempt in last 5 years
Buying cigarettes and variations in consumption	
<p>Thinking about how much you smoke.</p> <p>How much does the amount you smoke change from day-to-day?</p> <p>Would you say:</p> <p><i>(Read out the response options).</i></p> <ul style="list-style-type: none"> • I smoke pretty much the same number each day • It changes somewhat • It changes a lot • <i>Refused</i> 	Ask all daily smokers.

<p><i>Note: "It varies" may be according to situation</i></p>	
<p>In the last 6 months, has there been a time when the money you spent on smokes meant not having enough money for food or other household essentials?</p> <ul style="list-style-type: none"> • Yes • No • <i>Refused</i> • <i>Don't know</i> 	<p>Ask all current smokers and ex-smokers less than 6 months quit</p>
<p>How often are you unable to buy smokes because you are out of money? Would it be...</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> • Most of the time • For a few days each fortnight before pay day • At least once a month • Less often – once a month or less • Never (unable to buy smokes) • <i>Never buys smokes</i> • <i>Refused</i> • <i>Don't know</i> 	<p>Ask all smokers.</p>
<p>When this happens, do you smoke:</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> • As much as usual? • A bit less than usual • A lot less than usual • Not at all • <i>Refused</i> • <i>Don't know</i> 	<p>Ask if gives one of first four answers to above question</p>
<p>When you this happens, how often are you given smokes?</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> • Never 	<p>Ask if gives one of first four answers to question two above.</p>

<ul style="list-style-type: none"> • Almost never • Sometimes • Often • Very often • <i>Refused</i> • <i>Don't know</i> 	
Socio-demographic variables	
<p>What is your date of birth? Or age: <i>Answer must be 0 or greater:</i> <i>If says "don't know", ask the participant to estimate age in years</i></p>	<p>Used to derive variable – age in categories</p> <ul style="list-style-type: none"> • 18-24 • 25-34 • 35-44 • 45-54 • 55 and up
<p><i>Record sex – ask only if unsure</i> <i>Choose One:</i></p> <ul style="list-style-type: none"> • <i>Female</i> • <i>Male</i> 	
<p>Do you identify as: <i>Choose One:</i></p> <ul style="list-style-type: none"> • Aboriginal • Torres Strait Islander • Both Aboriginal and Torres Strait Islander • Neither Aboriginal nor Torres Strait Islander 	<p>If answer neither Aboriginal nor Torres Strait Islander, survey is ended.</p>
<p>First a little bit about work. Are you employed for pay? <i>Choose One:</i></p> <ul style="list-style-type: none"> • Yes • No, looking for work (unemployed) • No, and not looking for work (not in labour force) 	

<ul style="list-style-type: none"> • <i>Refused</i> <p><i>This is asking about whether the person is currently employed. If looking for work or not working at the moment answer "no, looking for work (unemployed)". If a pensioner and not looking for work answer "no, and not looking for work (not in labour force)</i></p>	
<p>What is the highest level of formal education that you have completed? Would that be...:</p> <p><i>Choose One:</i></p> <ul style="list-style-type: none"> • Primary school • Some high school (no certificate) • Completed high school • Technical or TAFE e.g. Certificate or Diploma • Some university (no degree) e.g. Diploma only, or not yet completed Degree • Completed university degree • Post-graduate degree • <i>Not completed primary school or no formal education</i> • <i>Refused</i> 	
<p>In the last 12 months, how often have you felt that you have been treated unfairly because you are <Aboriginal and/or Torres Strait Islander > ?</p> <ul style="list-style-type: none"> • All of the time • Most of the time • Some of the time • A little of the time • None of the time • <i>Refused</i> • <i>Don't know</i> 	
<p>What is the postcode where you live?</p> <p><i>Postcode of residence:</i></p>	<p>Postcode used to generate Australian Statistical Geography Standard (ASGS) remoteness category:</p> <ul style="list-style-type: none"> • Major city

- Inner regional
- Outer regional
- Remote
- Very remote

Postcode used to generate Area Level Disadvantage using Socio-economic Index (SEIFA) 2011 Index of Relative Disadvantage quintiles (Australian Bureau of Statistics (2013). 2033.0.55.001 - Socio-economic Indexes for Areas (SEIFA), Data Cube, 2011, Table 3)

Questions from International Tobacco Control (ITC) Australia Wave 8.5 survey analysed in this paper

All ITC Australia surveys are available at <http://www.itcproject.org/countries/australia>

Indicators of dependence	
<p>On average, how many cigarettes do you smoke each day, including both [factory-made/ packet] and roll-your-own cigarettes? <i>Enter number of cigarettes.</i> <i>If respondent gives range (e.g. 15-20 cigarettes) and cannot be more specific, take the midpoint of the range and round up if necessary (e.g. 17.5 becomes 18.0).</i></p>	<p>Ask if daily smoker.</p>
<p><i>Do not read out time units.</i> <i>Respondent can answer with one time unit, or use both hours and minutes to give a more accurate answer.</i> How soon after waking do you usually have your first smoke? <ul style="list-style-type: none"> • Minutes • Hours • Refused • Don't know <i>Enter choice of time units, or a non-response code.</i></p>	<p>Ask all current daily smokers. Used to derive categorical variable: total minutes to first cigarette</p> <ul style="list-style-type: none"> • More than 60min • 31-60min • 6 to 30min • 5 min or less
<p><i>Read out response options.</i> How often do you get strong urges to smoke? <ul style="list-style-type: none"> • Never • Less than daily • Daily • Several times a day • Hourly or more often • Refused • Don't know </p>	<p>Ask all</p>
<p><i>Read out response options.</i> How easy or hard would it be for you to quit smoking if you wanted to? <ul style="list-style-type: none"> • Very easy • Somewhat easy • Neither easy nor hard • Somewhat hard • Very hard </p>	<p>Ask all smokers</p>

<ul style="list-style-type: none"> • <i>Refused</i> • <i>Don't know</i> 	
Smoking and quitting	
(If completing ITC survey for first time) Do you currently smoke cigarettes, either daily or less than every day? <ul style="list-style-type: none"> • Yes • No 	These smoking questions combined to generate smoking status variable: <ul style="list-style-type: none"> • Daily smoker • Weekly smoker • Monthly smoker • Quit in the last month. • Quit 1-6 months ago • Quit 6-12 months ago • Quit >12 months ago
(If completing ITC survey for first time) Have you smoked 100 or more cigarettes over your lifetime? <ul style="list-style-type: none"> • Yes • No 	
(If completing ITC survey for first time) (If smoked 100 or more cigarettes) Do you smoke every day or less than every day? <ul style="list-style-type: none"> • Every day • Less than every day 	
(If completing ITC survey for first time) (If smokes less than every day) Do you smoke at least once a week? <ul style="list-style-type: none"> • Yes • No 	
(If completing ITC survey for first time) (If does not smoke at least once a week) Do you smoke at least once a month? <ul style="list-style-type: none"> • Yes • No 	
(If recontacted after having done ITC survey before) (If ex-smoker at last survey, or smoker who has made new quit attempts since last survey) Are you back smoking cigarettes or are you still stopped? <ul style="list-style-type: none"> • Back smoking • Still stopped 	
(If recontacted after having done ITC survey before) (If still stopped)	

<p>When did your current quit attempt start? How many days, weeks or months ago?</p>	
<p>(If recontacted after having done ITC survey before) (If still stopped) Have you had any cigarettes, even a puff, in the last month?</p> <ul style="list-style-type: none"> • Yes • No 	
<p>(If recontacted after having done ITC survey before) (If still allowing yourself the occasional cigarette) <i>Read out response options.</i> How often have you allowed yourself a cigarette? Would it be . . .</p> <ul style="list-style-type: none"> • Daily • Less than daily, but at least once a week • Less than weekly, but at least once a month • Less than monthly <p><i>For the purposes of the survey, we will be considering people who smoke at least once a month to be smokers.</i></p>	
<p>(If recontacted after having done ITC survey before) If still smoking, asked if smoking daily/weekly/monthly as before, if not asked if smoking:</p> <ul style="list-style-type: none"> • Daily • Weekly • Monthly • Less than monthly and self-described as smoker • Less than monthly and self-described as quitter <p><i>If respondent mentions less than monthly, ask: "Since you smoke less than monthly, you could be considered a smoker or a quitter. Some of the questions we ask are different for smokers and quitters. For the purposes of this interview, would you like to be considered a smoker or a quitter?"</i></p>	
<p>(If recontacted after having done ITC survey before) (If back smoking after being an ex-smoker at last survey) Do you currently smoke daily, weekly, or monthly?</p> <ul style="list-style-type: none"> • Daily • Weekly • Monthly 	

<p><i>Read out response options.</i></p> <p>How much does your day-to-day cigarette consumption vary?</p> <ul style="list-style-type: none"> • I smoke pretty much the same number every day. • It varies somewhat. • It varies a lot, depending on the situation I am in. • <i>Refused</i> • <i>Don't know</i> 	<p>Ask daily smokers</p>
<p>In the last 6 months, has there been a time when the money you spent on cigarettes resulted in not having enough money for household essentials such as food?</p> <ul style="list-style-type: none"> • Yes • No • <i>Refused</i> • <i>Don't know</i> 	<p>Ask smokers and ex-smokers who have quit in the last 6 months</p>