



### **Appendix 3**

**This appendix was part of the submitted manuscript and has been peer reviewed.  
It is posted as supplied by the authors.**

Appendix to: Rickwood DJ, Mazzer KR, Telford NR, et al. Changes in psychological distress and psychosocial functioning in young people visiting *headspace* centres for mental health problems. *Med J Aust* 2015; 202: 537-542. doi: 10.5694/mja14.01696.

Appendix 3. Sample sizes for outcome measures by number of total sessions and data collection point.

Number of total sessions	Data collection point	Eligible n	Measure	
			K10	SOFAS
<b>1-2 Sessions</b>	Session 1	10802	8412	10378
	Follow-up	8714	175	n/a
<b>3-5 Sessions</b>	Session 1	6411	5999	6224
	Session 3	6411	4356	5818
	Follow-up	5281	160	n/a
<b>6-9 Sessions</b>	Session 1	4059	3906	3937
	Session 3	4059	3328	3918
	Session 6	4059	2356	3592
	Follow-up	3275	158	n/a
<b>10+ Sessions</b>	Session 1	2762	2696	2713
	Session 3	2762	2476	2689
	Session 6	2762	2179	2645
	Session 10	2762	1385	2399
	Session 15	890	431	771
	Follow-up	2289	128	n/a