



Appendix 2

**This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.**

Appendix to: Christelis N, Wallace S, Sage CE, et al. An enhanced recovery after surgery program for hip and knee arthroplasty. *Med J Aust* 2015; 202: 363-368. doi: 10.5694/mja14.00601.

Appendix Table. Recovery parameters and readiness for discharge on Day 3 after surgery.* % of patients.

Day 3	Existing Practice (n=412)	Post-ERAS (n=297)	P value
Well-controlled pain	47	57	<0.001
Eating	100	100	0.24
Drinking	100	100	>0.99
Urinary catheter removed	87	97	<0.001
Drain tube removed/not used	99	100	0.09
Weight-bearing	89	96	<0.001
Ready for discharge	41	59	<0.001

* Readiness for discharge on Day 3 was achieved if patients were eating and drinking, had their drain tubes and urinary catheters removed, were weight-bearing and their pain was well-controlled (VAS scores at rest and on movement of less than 3 and 5, respectively).