



## **Appendix 2**

**This appendix was part of the submitted manuscript and has been peer reviewed.  
It is posted as supplied by the authors.**

Appendix to: Twigg SM, Wong J. The imperative to prevent diabetes complications: a broadening spectrum and an increasing burden despite improved outcomes. *Med J Aust* 2015; 202: 300-304. doi: 10.5694/mja14.01234.

Appendix 2. *Clinical outcomes reported in the National Association of Diabetes Centres – Australian National Diabetes Audit and Information Benchmarking Data, 2011 (type 1 and 2 diabetes combined)*

Data indicates that for the majority of patients the generic blood pressure and lipid targets are close to being achieved, whereas generic glycaemic targets (HbA1c %) are not being achieved in this patient group. Data for the 2014 ANDIAB show similar outcomes.

<b>N=4629 adults (54% male; 21.5% with type 1DM)</b>	<b>Level (mean±SD) or Prevalence (%)</b>
Blood pressure (mmHg) systolic	130±18
Blood pressure (mmHg) diastolic	74±10
Total cholesterol (mmol/L)	4.3±1.1
LDL-cholesterol (mmol/L)	2.2±0.9
HDL-cholesterol (mmol/L)	1.2±0.4
Triglycerides (mmol/L)	1.8±1.5
HbA1c level (%, NGSP units)	8.5±1.8 (type 1 diabetes); 8.0±1.7 (type 2 diabetes)
On any dyslipidaemic therapy (%)	60.2
On any antihypertensive therapy (%)	57.0
Current smoker (%)	9.9
Past smoker (%)	23.5
BMI (kg/m <sup>2</sup> )	31.3±7.5

