

Appendix 5

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Ilton MK, Walsh WF, Brown ADH, et al. A framework for overcoming disparities in management of acute coronary syndromes in the Australian Aboriginal and Torres Strait Islander population. A consensus statement from the National Heart Foundation of Australia. *Med J Aust* 2014; 200: 639-643. doi: 10.5694/mja12.11175.

Appendix 5

Requirements for pre-hospital fibrinolysis

Ambulance

- Appropriately equipped ambulances with:
 - adequately trained staff/ paramedics with the ability to cannulate patients, administer intravenous (IV) therapies and that are Advanced Life Support certified
 - monitoring and defibrillator capacity
 - digital 12-lead ECG for immediate interpretation and diagnosis by either the attending paramedic or networked cardiologist/emergency department physician after automated transmission to a digital ECG network.
- Availability of aspirin, clopidogrel, clexane
- Availability of fibrin-specific fibrinolytics with single bolus weight-adjusted dose
- Patient consent form including explanation of the risk of bleeding and risk of delayed treatment
- Designated provider clinical network.

Remote health clinic

As for ambulances, plus a clearly defined retrieval policy and system, including:

- when, how and where to evacuate patients after receiving pre-hospital fibrinolysis (co-ordination of aero medical services, emergency physicians, retrieval doctors and medical officers)
- when and how to on-transfer
 patients from regional or secondary
 (referring) hospitals to tertiary
 (receiving) centres for coronary
 angiography and appropriate
 revascularisation
- pharmacy support to maintain supplies of fibrin-specific fibrinolytics due to issues with shelf life, if there is infrequent use.¹

Note: Streptokinase is not suitable for fibrinolytic therapy for Australian Aboriginal and Torres Strait Islander patients because of a high risk of anti-streptococcal antibodies presenting, causing streptokinase resistance.²

IV: intravenous; ECG: electrocardiogram

¹ Queensland Government. Queensland Ambulance Service Clinical Practice Manual. Queensland Government, 2001.

² Aroney CN, Aylward P, Kelly AM, et al. Guidelines for the management of acute coronary syndromes. Med J Aust 2006;184 (8 Suppl.): S1-32.