



## Appendix 4

**This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.**

Appendix to: Brimblecombe JK, Ferguson MM, Liberato SC, O'Dea K. Characteristics of the community-level diet of Aboriginal people in remote northern Australia. *Med J Aust* 2013; 198: 380-384. doi: 10.5694/mja12.11407.

**Appendix 4. Monthly average nutrient density, by community and for all communities combined**

<b>Nutrient per MJ</b>	<b>Community A</b>	<b>Community B</b>	<b>Community C</b>	<b>All communities combined</b>
	<b>Nutrient per MJ (sd)</b>	<b>Nutrient per MJ (sd)</b>	<b>Nutrient per MJ (sd)</b>	<b>Nutrient per MJ (sd)</b>
Vitamin A retinol equivalent (µg/MJ)	57.6 (5.3)	74.1 (6.0)	76.6 (7.3)	60.1 (5.1)
β-Carotene (µg/MJ)	120.6 (9.0)	180.9 (33.3)	202.7 (46.6)	130.6 (11.4)
Thiamine (mg/MJ)	0.2 (0.0)	0.2 (0.0)	0.2 (0.0)	0.2 (0.0)
Riboflavin (mg/MJ)	0.2 (0.0)	0.2 (0.0)	0.2 (0.0)	0.2 (0.0)
Niacin Equivalent (mg/MJ)	3.9 (0.1)	4.3 (0.1)	3.9 (0.3)	3.9 (0.1)
Dietary folate equivalents (µg/MJ)	65.1 (4.9)	65.6 (4.4)	65.0 (3.5)	65.1 (4.1)
Vitamin C (mg/MJ)	6.1 (0.6)	9.9 (1.2)	8.8 (2.9)	6.5 (0.7)
Calcium (mg/MJ)	62.9 (2.0)	61.8 (2.4)	65.8 (3.2)	63.0 (1.9)
Phosphate (mg/MJ)	122.5 (2.9)	132.7 (8.0)	128.7 (6.58)	123.7 (3.0)
Magnesium (mg/MJ)	24.2 (0.3)	26.3 (0.6)	25.0 (2.16)	24.4 (0.3)
Iron (mg/MJ)	1.5 (0.1)	1.5 (0.0)	1.6 (0.1)	1.5 (0.1)
Zinc (mg/MJ)	0.9 (0.0)	1.1 (0.1)	1.1 (0.1)	1.0 (0.0)
Potassium (mg/MJ)	214.1 (5.9)	237.3 (7.8)	243.6 (52.7)	217.6 (6.1)
Sodium (mg/MJ)	327.4 (7.0)	398.1 (21.8)	397.4 (19.2)	337.4 (7.2)
Iodine (µg/MJ)	11.6 (0.4)	10.2 (1.8)	8.4 (1.2)	11.3 (0.5)
Fibre (g/MJ)	2.0 (0.0)	2.1 (0.1)	2.0 (0.2)	2.0 (0.0)