



## Appendix 2

**This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.**

Appendix to: Brimblecombe JK, Ferguson MM, Liberato SC, O'Dea K. Characteristics of the community-level diet of Aboriginal people in remote northern Australia. *Med J Aust* 2013; 198: 380-384. doi: 10.5694/mja12.11407.

**Appendix 2: Average monthly proportion of dollars spent by food group, by community, and for all communities combined**

<b>Study food Groups</b>	<b>Community A % (SD)</b>	<b>Community B % (SD)</b>	<b>Community C % (SD)</b>	<b>Communities combined % (SD)</b>	<b>Categorisation by ABS<sup>†</sup></b>	<b>Australian household expenditure on food and non-alcoholic beverages (%)<sup>†</sup></b>
Artificial sweeteners	0.0% (0.0)	0.1% (0.1)	0.2% (0.1)	0.0% (0.0)	Included in food and non-alcoholic beverages not specified and others group	-
Additive and cooking ingredients	0.1% (0.0)	0.03% (0.0)	0.2% (0.1)	0.1% (0.0)	Included in condiments, confectionery, food additives and prepared meals group	-
Beverages	24.9% (1.5)	23.3% (2.7)	23.9% (2.1)	24.8% (1.4)	Non-alcoholic beverages	7.8%
Cereal & cereal products	16.2% (0.6)	14.7% (1.4)	12.5% (1.3)	15.9% (0.6)	Bakery products, flour and cereals (bread, flour, cakes, biscuits, puddings and related products and cereals and pasta)	10%
Eggs	1.5% (0.1)	1.6% (0.3)	1.2% (0.2)	1.5% (0.1)	Eggs and egg products	0.7%
Fast Food and Takeaway Foods	5.6% (0.7)	7.2% (1.2)	10.6% (1.1)	6.1% (0.6)	Meals out and fast foods (meals out in restaurants, fast food and take-away and school lunch money)	30.8% <sup>2</sup>
Fats & oils	1.3% (0.1)	1.8% (0.3)	1.8% (0.2)	1.4% (0.1)	Edible oils and fats (including margarine)	0.8%
Fish & fish products	2.4% (0.3)	1.2% (0.5)	0.7% (0.2)	2.2% (0.3)	Fish and seafood (fresh, frozen and canned)	2.4%
Fruit	1.9% (0.2)	4.0% (0.7)	3.5% (1.0)	2.2% (0.2)	Fruit and nuts (fresh, canned, dried and nuts)	6.1% <sup>3</sup>
Infant formulae &	0.1% (0.0)	0.2% (0.1)	0.3% (0.1)	0.2% (0.0)	Included in condiments,	-

foods					confectionery, food additives and prepared meals group	
Meat, meat products, poultry & game	18.6% (1.0)	23.1% (2.7)	22.7% (2.0)	19.1% (0.8)	Meat (excluding fish and seafood)	12.2% <sup>4</sup>
Milk & milk products	6.9% (0.4)	6.9% (0.8)	6.9% (0.4)	6.9% (0.4)	Dairy products (milk, cream, cheese, butter, yoghurt, other dairy products)	7.4%
Miscellaneous foods	0.3% (0.0)	0.4% (0.1)	0.6% (0.1)	0.3% (0.0)	Included in condiments, confectionery, food additives and prepared meals group	-
Sauces, pickles, soups, snacks	2.9% (0.3)	4.1% (0.7)	3.7% (0.6)	3.1% (0.3)	Included in condiments, confectionery, food additives and prepared meals group	-
Seeds & nuts	0.6% (0.1)	0.3% (0.3)	0.2% (0.1)	0.6% (0.1)	Fruit and nuts (fresh, canned, dried and nuts)	-
Sugar preserves & confectionery	11.2% (0.8)	6.0% (1.5)	5.7% (0.7)	10.4% (0.7)	Condiments, confectionery, food additives and prepared meals (sugar, preserves, confectionery, spices/herbs, food additives, sauces, packaged prepared meals, infant formulae, baked beans and spaghetti)	11.1% <sup>5</sup>
Vegetable & vegetable dishes	5.4% (0.5)	5.1 (0.7)	5.4 (0.7)	5.4 (0.4)	Vegetables (frozen, fresh and other)	6.7%
					Food and non-alcoholic beverages not specified and others	3.9%
<b>Non-alcoholic beverages<sup>1</sup></b>					<b>Non-alcoholic beverages<sup>1</sup></b>	
Soft drinks (not diet)	16.1% ( 1.3)	11.6% (1.5)	14.6% (1.6)	15.6% (1.2)	Soft drinks	2.6%
Diet Drinks	1.8% (0.2)	3.1% (0.4)	3.4% (0.6)	2.0% (0.2)	Included in soft drinks group	-
Water	0.5% (0.1)	1.3% (0.7)	0.6% (0.3)	0.5% (0.2)	Packaged water	0.6%
Cordial (not diet)	0.7 (0.1)	1.3 (0.5)	0.9 (0.5)	0.8 (0.2)	Cordials	0.2%

All other drinks	4.4 (0.3)	5.0 (0.9)	3.0 (0.5)	4.3 (0.3)	Fruit and vegetable juice, food drinks, unpackaged milk beverages, drinks not further specified	3.1%
Tea/coffee	1.6 (0.1)	1.1 (0.2)	1.5 (0.3)	1.6 (0.1)	Tea and coffee	1.3%

<sup>†</sup> Source: Australian Bureau of Statistics. 6530.0 Household Expenditure Survey, Australia: Detailed Expenditure Items, 2009-10. [Table 3A. Gross income quintile, Household expenditure on goods and services]. 2011. Canberra.

<sup>1</sup> Beverage sub-group as a proportion of total food and beverage dollars spent

<sup>2</sup> 51% of this includes meals in restaurants, clubs, hotels and related; 0.8% includes school lunch money

<sup>3</sup> 0.7% of food and drink expenditure was on nuts

<sup>4</sup> in comparing expenditure to the study meat, meat products, poultry and game food group, 4.7% representing Australian household expenditure on food additives and prepared meals was added to the 12.2% spent on meat (excluding fish and seafood)

<sup>5</sup> 6.5% of food and drink expenditure was on sugar, condiments and confectionery

