



Appendix 1

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Brimblecombe JK, Ferguson MM, Liberato SC, O'Dea K. Characteristics of the community-level diet of Aboriginal people in remote northern Australia. *Med J Aust* 2013; 198: 380-384. doi: 10.5694/mja12.11407.

Appendix 1: Food Grouping system

AusNut Food Group	AusNut Food sub-group
Additives and cooking ingredients	Cooking additives ie. baking powder, baking soda
Beverages	Beers, wines, other alcoholic beverages, teas, coffees, dry beverage flavourings, Fruit drinks, cordials, flavoured drink bases, soft drinks, fruit & vegetable juices & juice drinks, water
Cereal & cereal products	Grains & starches, flours, breads rolls, muffins crumpets etc, other cereal-based bread equivalents, savoury biscuits, sweet biscuits, ready-to-eat breakfast cereals, cooked breakfast cereals, cakes, cake mixes, muffins, puddings, buns, scones, etc, batters, pastries, sweet pastry products
Eggs	Eggs, egg substitutes, egg dishes where egg is major component
Fast Foods and Takeaway Foods	Savoury pastry products, pizza, sandwiches, other products where cereal is major ingredient
Fats & oils	Butters, creams, polyunsaturated margarines, other margarines, vegetable oils, other fats
Fish & fish products	Fin fish, other sea & freshwater foods, crustacea & molluscs, fish products & dishes, crustacea & mollusc products & dishes
Fruit	Berry, citrus, stone and other fruit, composite fruit product where fruit is major component, packing liquid processed berry, citrus, stone, other and composite fruits
Infant formulae & foods	Infant cereals, infant rusks and fingers, infant dinners strained junior & toddler, infant fruit and desserts, infant fruit juices
Meat, meat products, poultry & game	Beef, lamb, pork, veal, game & other carcass meats, poultry, feathered game, offal & offal products, battered & crumbed products, sausages, frankfurts, saveloys, other processed meats, meat pastes, composite meat & poultry products where meat is a major component, vegetarian meat substitutes
Milk & milk products	Milk, fluid, condensed, powdered, milk based drinks, traditional cheese, low fat & fat modified cheeses, cheese products, yoghurt full fat, yoghurt low fat, frozen milk products where milk is major component, other dishes where milk is major component, imitation dairy products
Miscellaneous foods	Herbs & spices, vinegars, salad dressings, yeast, yeast vegetable extracts, essences, others
Sauces, pickles, soups, snacks	Savoury sauces, sweet sauces, pickles, soups, snack foods ¹

Seeds & nuts	Seeds and seed products, nuts & nut products
Sugar preserves & confectionery	Sugars, preserves, confectionery, composite foods where sugar is major component
Artificial sweeteners	Intense sweetener, tablet or powder eg. containing aspartame or saccharin
Vegetable & vegetable dishes	Vegetables ² , mature legumes, composite food where vegetable is major component ³ , composite food where mature legume is major component
Beverage sub-groups	Product type
Soft drinks (not diet)	Soft drinks, sweetened flavoured mineral waters and electrolyte drinks
Diet drinks	Artificially sweetened carbonated beverages, artificially sweetened cordial and other drinks (iced tea, sports drinks)
Water	Bottled water, natural, sparkling and soda water, flavoured water with $\leq 2\%$ sugar
Cordial (not diet)	Cordial (diluted and undiluted)
All other drinks	Fruit and vegetables juices and drinks
Tea/coffee	Teas, coffees, dry beverage flavourings

¹ includes potato crisps

² includes all potato products including potato chips, mashed potato and potato fries (not potato crisps)

³ includes potato products such as hash browns