

Supporting Information

Survey text and supplementary results

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Chapman DG, Thamrin C. Scientists in pyjamas: characterising the working arrangements and productivity of Australian medical researchers during the COVID-19 pandemic. *Med J Aust* 2020; doi: 10.5694/mja2.50860.

SCIENTISTS IN PYJAMAS: CHARACTERISING WORKING ARRANGEMENTS AND PRODUCTIVITY DURING COVID-19 PANDEMIC

All responses are anonymous (though you are welcome to sign your name at the end if you wish), no email or passwords required. *Required

1. Gender *

Mark only one oval.

()	Female
		гентане

- 🕖 Male
- Prefer not to say
- 2. Age *

Mark only one oval.

- 18-2425-34
- 35-44
- _____ 45-54
- 55-64
- 65+
- Prefer not to say

3. Academic/Research level *

Mark only one oval.

(\frown	Academic/Research	Support	(Admin	Finance	ΙТ	etc)
/		Academic/ Research	Support	(Aurrini,	r mance,		eicj

- Research Assistant
- Senior Research Assistant
- Postgraduate student
- Post-doctoral researcher
- Lecturer/Senior Lecturer
- Associate Professor
- Professor
- Other:
- 4. What is your research specialty? *

Mark only one oval.

N/A (Non-Research)	
Sleep	
Respiratory	
Other:	_

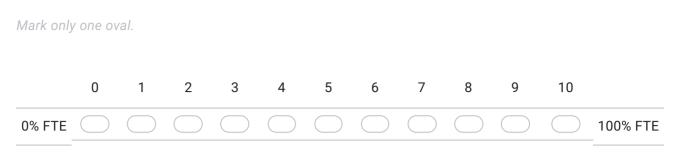
5. Where do you primarily do your research or research support work? *

Mark only one oval.

O Medical Research Institute (Woolco	ock)
OMedical Research Institute (Other -	Please feel free to specify below)
University	
Hospital	

Other: _____

6. Outside of the pandemic, what percentage of the working week do you typically spend on research? (Note: 0 = 0% FTE, 5 = 50% FTE, 10 = 100% FTE) *



7. On what activities do you spend the balance of the week? (Select all that apply) *

ick all that apply.	
N/A	
Teaching	
Clinical duties	
Family	
ther:	

8. Do you have children at home? *

Mark only one oval.

No

9. If yes to above, select any that apply *

Tick all that apply.

- N/A
- Infant
- Toddler

Primary schooler

- High schooler
- Intrusive pet

10. What is your typical home working arrangement? (select any that apply) *

ick all that apply.
Private office
Shared office
Dining room/kitchen table
Lounge
Hiding in the bathroom
ther:

11. What is your typical attire during Zoom/Skype/Teams meetings? (select any that apply) *

Tick all that apply.
None of your business, camera turned off
Normal workwear
Workwear, on the top only
Casual home wear
Pyjamas
Other:

12. On average, how many days per week did you spend your working day at home in your pyjamas? *

Mark only one oval.

0
 1-2
 3-4
 5
 >5 (I work weekends)

13. As an estimate, how many days had you started working from home before you stopped changing out of your pyjamas? *

Mark only one oval.

Mark only one oval.

From day 1
Within 1 week
Within 2 weeks
Within 4 weeks
I have standards, I refuse to wear pyjamas during the day

14. On a scale of 1 to 10, how worried were you about your appearance during Zoom meetings? *

 1
 2
 3
 4
 5
 6
 7
 8
 9
 10

 Image: Image

15. On a scale of 1 to 10, how worried were you about your background during Zoom/Skype/Teams meetings? *



16. What steps did you take to change the appearance of your home workspace for your Zoom/Skype/Team meetings? (select any that apply) *

Tick all that apply.

Removed clutter in workspace
Removed children/pets from workspace
Put a drape/curtain behind myself
Move to a different area of the house
Cheated and use a Virtual Background
N/A (I did not do so)
Other:

17. If you use virtual backgrounds on Zoom/Skype/Teams, which is your typical background? (select any that apply) *

Tick all that apply.
Virtual what?
Beach scene
Aurora borealis
Nature/grass
Space
Golden Gate Bridge
Pretend library
Pretend meeting room
Photo of myself
Institutional logo
N/A (I did not change my background)
Other:

18. List interruptions you have experienced yourself from your home during Zoom/Skype/Teams meetings (select any that apply): *

Tick all that apply.

None, my meetings have run perfectly
Poor internet connectivity
Infants crying/toddlers wanting attention
School children needing help with school work
Spouse/other household members holding concurrent meeting in the background
Pets entering camera field of vision
Doorbell
Telephone/pager call
Toilet break
Dther:

19. List interruptions you have experienced from others during Zoom/Skype/Teams meetings (select any that apply): *

Tick all that apply.

Poor internet connectivity	
Infants crying/toddlers wanting attention	
School children needing help with school work	
Spouse/other household members holding concurring meeting in the backgrou	Jnd
Pets entering camera field of vision	
Doorbell	
Telephone/pager calls	
Toilet breaks	
Other:	

20. Since working from home, please indicate whether your productivity in the following activities has been increased, remained the same, or decreased *

Mark only one oval per row.

	Increased	Remained the same	Decreased	N/A
Overall productivity	\bigcirc		\bigcirc	\bigcirc
Admin	\bigcirc		\bigcirc	\bigcirc
Submitting papers			\bigcirc	\bigcirc
Writing papers	\bigcirc		\bigcirc	\bigcirc
Reviewing papers/grants			\bigcirc	\bigcirc
Grant writing	\bigcirc		\bigcirc	\bigcirc
Data analysis			\bigcirc	\bigcirc
New ideas generation				\bigcirc
SOP writing				\bigcirc

21. Since working from home, please indicate whether your mental health has improved, remained the same, or worsened *

Mark only one oval.

Improved

Remained the same

Worsened

Prefer not to say

22. You're welcome to leave your feedback on the survey (words of encouragement, constructive criticism, cathartic heckling):

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